



# Kildwick Chronicle

**Spring Term 2024    Friday 15th March 2024**

**Learning to Live**

**Living to Love**

**Loving to Learn**

Welcome to the last weekly newsletter of this half term—next week you will receive the half termly round up and curriculum newsletter for Summer One. Next week is a busy week in school—please take the time to make sure you have everything in your diary! There is also important safeguarding information outlined below.

Have a lovely weekend ahead!



The focus of our parent forum this term was safeguarding. During the meeting we discussed ongoing concerns regarding road safety. Parents who attended discussed parking on the road near to school. In particular parents were concerned about those parking outside school leaving their engines running, this is not in keeping with our ethos around being eco friendly. Additionally, it was reported that parents often drop off children and wait in the car which is very concerning given how unsafe Priest Bank Road is.

Suggestions offered by parents to resolve this safeguarding issue were:

Suggestions offered by parents to resolve this safeguarding issue were:

- PCSO visits—Mr. Whitehead will arrange this.
- Children giving out parking tickets—watch this space!
- Road safety videos for parents / posters prepared by the children.
- Trial of only using the church path for drop off in a morning (not using the front gate) —see below.

**We have agreed to trial only using the side gate (along the Church path) for drop off—week commencing 8th April 2024. This means that the front gate will remain locked in a morning.** We will still use both gates at home time so that the EYFS entrance is not congested when handing children back to parents and carers. If you have mobility issues, please do contact the school office and alternative arrangements can be made at drop off time. We will review this on Friday 12th April and make a long term decision. Your feedback is appreciated via the school office. Breakfast club children can still enter via the front gate.

In addition to the discussions above, we also talked about online safety. We are aware that a number of children in school do have mobile phones and access to WhatsApp. A polite reminder that WhatsApp is rated 16+. Whilst this is a parenting decision taken out of school hands, we are disappointed to hear that there have been some upsetting conversations in school WhatsApp groups about other children whose parents do not allow them to have access. We would ask that you consider the increased risk of cyberbullying when allowing your child to access such apps. Please keep a regular check on the content of messages sent by your child and discuss the impact on other children who are being discussed on the groups. Schools will address issues in school whereby children's emotional well being is being impacted by other children's online behaviour. Please inform yourselves as parents by accessing NSPCC information [here](#).

## Join us for lunch— Robins and Swallows

On Friday 22nd March, Robins and Swallows can invite **one adult (per family)** to join them for an Easter lunch in school (**please note the change in date from previous newsletters**). This will be before the PTA Easter Fun Run. Please email [office@kildwickce.uk](mailto:office@kildwickce.uk) if your child will **NOT** have an adult with them for lunch. We would also ask that you email [office@kildwickce.uk](mailto:office@kildwickce.uk) with any special dietary requirements. Parents, carers or family members should arrive as per the times below. Please do not arrive early, as these events can be very busy and require careful coordination to make best use of our small space!



Reception guests - 1pm  
Year One guests - 1.15pm  
Year Two guests - 1.30pm



## Year Four

### High Adventure

### Residential Meeting

Thursday 21st March @ 3.35pm



**HIGH ADVENTURE**  
OUTDOOR EDUCATION CENTRE

Year Four parents and children are invited to attend a meeting about the upcoming residential to High Adventure after Easter.

Further details and information will be provided on the day and emailed out to all following the meeting. We will be very happy to answer any questions you may have.

## Key Stage Two Visit to Place of Worship



We have a whole school rolling programme of RE visits to places of worship. Key Stage Two children will be visiting a Hindu Temple this half term.

Please make sure you have made payment and/or consented on Parent Pay—it really helps the admin team if they don't have to chase for consent!

**Thursday 21st March—Kingfishers  
and Owls**

**Friday 22nd March—Eagles**

## Easter Service in Church



Parents, carers and friends are invited to join us for an Easter service in Church on Wednesday 20th March @ 2pm.

### **Book Box - help wanted!**

**We would love to create a community book sharing library near school. Any volunteers who could help in sourcing/creating a weatherproof box, similar to in the photo below, would be greatly appreciated.**

**Please speak to Mrs Fordham or the office staff if you can help. Thank you!**



### **SATs Information Session**

On Monday 15th April, at 3.40pm, Mrs Fordham will be hosting a short SATs information session for parents of children in Year Six. Materials shared will also be posted on Eagles' Google Classroom.

Reminder: SATs week is Monday 13th May – Thursday 16th May.



### Parent and Carers Consultations—Monday and Tuesday Evening

(18th & 19th March 2024)

Thank you to all parents and carers who have booked to see teachers next week. To help things run smoothly, we would ask that you remain conscious of the ten minute appointment slot. Teachers will be doing their best to stick to the allotted times—*please do your bit by allowing the meeting to finish on time and leave promptly. We would ask where possible children do not attend these sessions.* Teachers consistently give the children feedback in school—this is an opportunity for teachers to consult with parents. Sometimes it can be difficult to discuss more sensitive matters with children present. If you do need to bring your child, we will encourage older children to wait outside the room but *please be mindful that they will not be supervised by club staff due to staffing ratios.*

Eagles parents—please wait on the seats at the back of the hall (enter via the hall door)

Owls parents—please wait at the top of the stairs outside Owls classroom (enter via the hall door)

Kingfisher parents—please wait on the seats outside the classroom (enter via the EYFS door and up the steep stairs to the left)

Swallows parents—please wait in class two porch (enter via class two entrance)

Robins parents—please wait in the staffroom (enter via the EYFS door and up the steep stairs to the right)





## PTA Easter Fun!

### Fun Run!

On Friday 22nd March, at 2pm—3pm, we will be having an Easter Fun Run. This will be a sponsored event with proceeds going to the PTA. Sponsor forms have been sent home.

Parents are welcome to come and take part or watch the event.

We would love it if all of those entering are in 'Easter dress up' (children can bring something to get changed into at lunchtime). **There will be a prize for the best dressed!**

### Craft Competition!

We would also like children to enter an Easter craft! This can be a decorated egg, Easter bun or cake, an Easter picture or something else...anything goes! You can submit as many entries as you like and the cost will be £1.50 per child (payable via Parent Pay). **There will be a winner selected from EYFS, Key Stage 1 and Key Stage 2.** All entries should be brought to school on Friday 22nd March.



### The Lion, The Witch And The Wardrobe



We are very proud of Jacob and Luna who are performing in this show. Well done to both of you for your dedication to rehearsals—we are sure you will both be fantastic!

Details below if you are able to go and support Jacob and Luna.

The Lion the Witch and the Wardrobe  
The Kings Hall, Ilkley  
21-23 March (2 shows on Sat)

<https://stagestubs.com/wta-dance-academy/the-lion-the-witch-and-the-wardrobe>



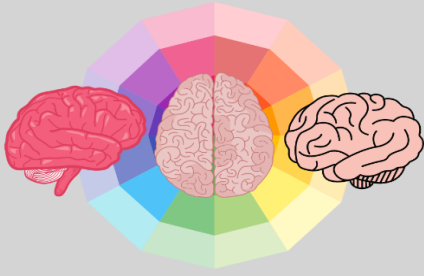
On Thursday March 21st, we will be celebrating **World Down's Syndrome Day** by inviting children to come to school in their 'funkiest' socks! This will give us the opportunity to learn about people with Down's syndrome.

**If you are able to make a donation on behalf of Kildwick CE School please do so [here](#). We would love to meet our £100 target!**

*"Rock your Socks for Mencap this March to raise awareness and vital funds to support people with a learning disability across the UK. Down's syndrome is just one of many different types of learning disability. Most people have two copies of chromosome 21, while those with three copies of chromosome 21 have Down's syndrome. This is why we celebrate World Down's Syndrome Day on 21 March each year and encourage people to Rock Your Socks in March"*

## For ALL Parents and Carers—Please read!

Learn about them, accept them and  
accept differences.



Because they belong here, too.  
@more than one neurotype

Parents and Carers of children with SEN have shared that other parents don't understand the needs of their children and that this can be upsetting and isolating. Some SEN children are perceived as 'naughty' by other parents. As part of our neurodiversity celebrations, we are sharing some 'food for thought' items to help parents and carers understand some of the additional needs that their children's friends may have. Thank you for taking the time to think and reflect on this.

### *Food for thought.....*

Some children find it immensely  
difficult to stop and think before  
reacting.



This isn't them being naughty or  
parented incorrectly, this is them  
having a brain that can't slow down  
impulses.  
@more than one neurotype

Some children find big feelings really  
hard to regulate so will hit, scream, yell  
or swear.



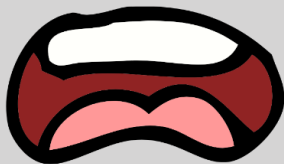
This isn't them being naughty, this is  
them being overwhelmed.  
@more than one neurotype

Some children refuse to apologise and  
don't seem sorry for something they  
have said or done.



This isn't them lacking manners or  
empathy, this is them genuinely having  
no idea what they have done wrong.  
@more than one neurotype

Some children make blunt comments  
and say things you're 'not suppose to  
say' to or about others.



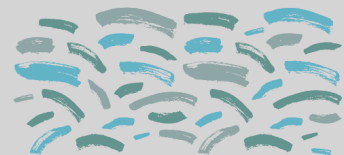
This isn't them trying to be hurtful, this  
is them lacking an understanding of  
social nuances.  
@more than one neurotype

Some children get upset, angry,  
frustrated or scared a lot easier than  
others.



This isn't them being 'too sensitive', this  
is them responding to feeling more.  
@more than one neurotype

Some children find stillness and  
focusing very hard.



This isn't them being disruptive, this is  
them having a brain that requires  
movement.  
@more than one neurotype

If you have any questions or comments, please feel free to email Miss Akrigg [d.akrigg@kildwickce.uk](mailto:d.akrigg@kildwickce.uk)

**For our next parent session, Mrs Swales will be offering Zones of Regulation training for parents and carers—everyone welcome. Information will be sent in the Summer term.**

### Neurodiversity Celebration Week 2024 (18th—24th March)

Next week we will be celebrating differences for Neurodiversity Celebration Week. Please ask your children about this at home!

### Wild Explorers! Easter Club



Wild explorers are offering Easter clubs for children in Reception—age 13. Feast and childcare vouchers can be used. They have also provided a free school trip for our Reception, Year One and Year Two children in the Summer term. Please have a look at their website [here](https://www.wildexplorers.co.uk) and support this local organisation. We will send more details regarding the EYFS / KS1 trip in the Summer term.



This week certificates have been awarded to:

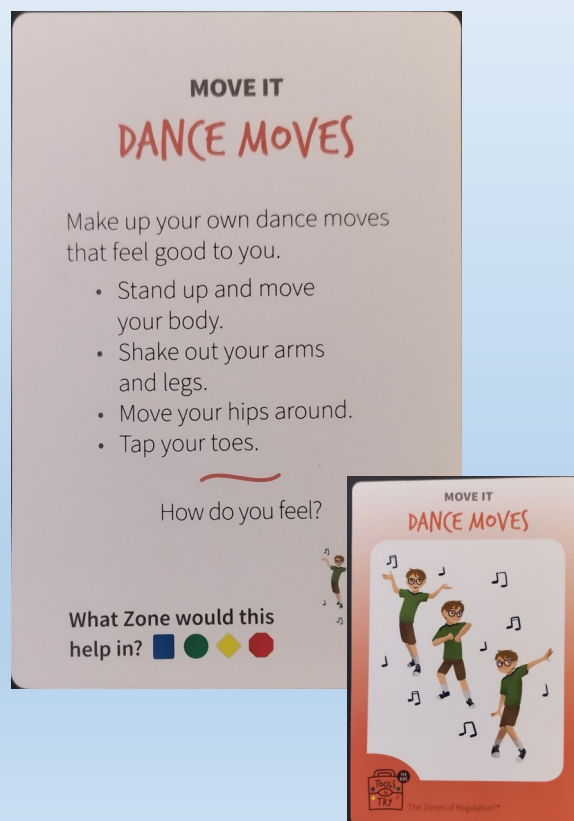
Robins	Learning to Live — Matilda & Seth Living to Love — Leo & Indie Loving to Learn — George & Mia
Swallows	Learning to Live — Daisy Living to Love — Dougie Loving to Learn — Alice
Kingfishers	Learning to Live — Dexter F Living to Love — Archie C Loving to Learn — Ettienne
Owls	Learning to Live—Sydney, Freddie Living to Love — Anise, Esmae, Isla, Georgia, Olivia, Ivy Loving to Learn — Susanna, Rex, Jacob
Eagles	Learning to Live — Seth Living to Love — Louie Loving to Learn — Jack

## Zones of Regulation -

### Top Tips for Home!

Try another of our 'tools' from Zones of Regulation. Encourage children to use these at home to help develop self regulation skills.

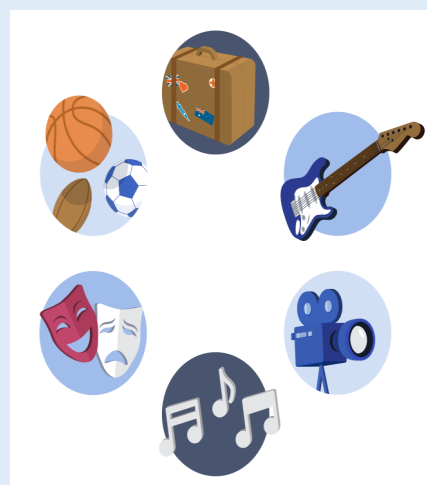
Great for adults too!



## Extra Curricular Clubs this week

A quick reminder that most clubs do not run in the first and last week of each half term. Please keep an eye here to see which clubs are running each week.

Monday	Taekwondo—KS2 and Year 2 children
Tuesday	Music & Singing—KS2 Construction Club—EYFS & KS1
Wednesday	HIT with Heather—KS2 Running Club
Thursday	Kanga KS2 Cookery EYFS / KS1



The half term 'round up' of Spring 2 and the Curriculum Newsletter for Summer 1 will be sent out on Friday 22nd March



## THE BIG KILDWICK & FARNHILL GALA SATURDAY 15 JUNE 2024

*We need your help!*

WOULD YOU LIKE TO BE INVOLVED IN THE GALA OR KNOW  
A LOCAL BUSINESS WHO WOULD BE INTERESTED IN  
HAVING A STALL ON THE DAY?

IF SO PLEASE COME ALONG TO OUR NEXT MEETING  
UPSTAIRS IN THE PARISH ROOMS  
ALL VERY WELCOME!

**TUESDAY 19TH MARCH 7PM**



We are delighted to hear that there will be a Kildwick and Farnhill Gala this year. School will be involved in this and we would love for lots of involvement from families in school. Please see the meeting advertised above and/or contact the school office if you are able to help with school involvement in this community event.

## Supporting Our Community

We would love to support Kildwick and Farnhill Institute in their calendar competition. We have some budding photographers in school and it would be great to see an entry from school on the final calendar. If you submit an entry, let them know you are from Kildwick School—let's show off our Kildwick talent!

KILDWICK & FARNHILL INSTITUTE



CALENDAR 2025 COMPETITION  
IS NOW OPEN



MAXIMUM OF 3 IMAGES PER PERSON

Email your images to [Kandfcalendars@gmail.com](mailto:Kandfcalendars@gmail.com)

Images must be:

- Landscape
- Good quality
- Recognisable as Kildwick or Farnhill
- Scenes must be visible from public roads & footpaths

CLOSING DATE 30<sup>th</sup> JUNE 2024

HAPPY SNAPPING



## Refill Shop

*We will now be opening on*

***Wednesday 20th March (after the Easter Service at school).***



Our Eco warriors are focussing on the need for reduction in the use of plastic as even though most plastic now is recyclable, it can only be done so a few times. Therefore we need to reduce our use of plastic. We will be selling **washing up liquid, hand wash, shampoo and shampoo soap bars**. Please come along with your empty containers to fill up. It is these small changes that will eventually make the biggest differences.

## Governor Meetings

For information, Kildwick CE Primary School Governor meetings will take place on the following dates:

**21st March 2024—Full Governing Board Meeting**

**23rd April 2024—Curriculum Committee Meeting**

**20th June 2024—Full Governing Board Meeting**





# Spring Term 2024

## **Monday 18th March & Tuesday 19th March**

Parent consultations.

## **Monday 18th March**

Year 5 to High Adventure

## **Tuesday 19th March**

Eagles Crucial Crew trip

## **Wednesday 20th March**

Easter Service in Church 2pm

## **Wednesday 20th March**

Year 6 information evening @ South Craven

## **Thursday 21st March**

Hindu Temple Visit—Kingfishers & Owls

## **Thursday 21st March**

Rock Your Socks—World Down's Syndrome Day (wear your funkiest socks!)

## **Friday 22nd March**

Robins' and Swallows' parents and carers invited in for Easter lunch

## **Friday 22nd March**

Hindu Temple Visit—Eagles

## **Friday 22nd March**

2pm—3pm PTA Easter Fun Run

**End of Spring Term—Friday 22nd March 2024**

**Start of Summer Term— Tuesday 9th April 2024**

## **Friday 12th April**

Year Six rugby tournament 10am

Sports Day (Robins and Swallows - am Kingfishers, Owls and Eagles—pm)

## **Monday 15th April**

Y6 Parents— SATs information session 3.40pm

## **Wednesday 17th—Friday 19th April**

High Adventure Residential

## **Thursday 25th April**

School photos

## **Friday 26th April**

Kingfishers and Owls Skipton Tennis Centre

## **W/C 13th May**

Year 6 SATs week

## **Monday 3rd June**

Kingfishers and Owls to Murton Park

## **Tuesday 4th June**

Year 2 Wild Explorers trip

## **Wednesday 5th June**

Reception and Year 1 Wild Explorers Trip



# Keeping Your Children Safe Online

Please take the time to read the online safety Newsletter sent out to parents regularly and have a quick read of the information below. We will add a new poster here each week.

## Online Safety & Gaming



Gaming refers to playing electronic games, whether through consoles, computers, tablets, smartphones or other devices. Gaming remains one of the most popular forms of entertainment, attracting a wide range of age groups from all across the world. Gaming is always looking to develop, often improving on graphical features, accessibility and user engagement as years go by.



Unlike many other forms of media, gaming brings a sense of challenge to the player. Usually there is a degree of skill involved that players need to develop in order to progress. Depending on the type of game, it can also offer players a platform where they can be imaginative and explore their own creativity.



Some games have rich storylines and characters that are engaging and memorable. Many players also use it as an opportunity to compete and socialise with other users whether it be in person or online. More often than not though, people game, because it is fun!

### Benefits of Gaming



- 1 Can develop critical and creative skills
- 2 Can bring educational benefit and awareness
- 3 Is available to most audiences and family members
- 4 Is an easy and accessible way to socialise with others

### Considerations for Gaming

- 1 Have awareness of appropriate age restrictions
- 2 Parental awareness around purchasing
- 3 Active discussions around socialising safely
- 4 Reporting harmful or offensive content online

### Socialising Online

A staple of gaming is the community that surrounds it. Groups and audiences can gather around a specific game, character or theme to build specific fan bases that can interact with each other. Young people may like to socialise online because:



- 1 It gives them a platform to be with friends outside of school
- 2 There is usually a competitive element at play, which can feel rewarding
- 3 It can build confidence and social skills which may not be attainable physically
- 4 It gives opportunity to young people who have difficulty socialising with friends and others

### Reporting and Blocking

Gaming communities can range from supportive and educational, to toxic and harmful. In some instances, it can even lead towards more radical content being promoted. When faced with something or someone being harmful online, make sure young people know how to:



- 1 Report the player or piece of content
- 2 Mute or block the player
- 3 Manage their privacy settings or communication options
- 4 Speak with a trusted adult for support

To find out more about Gaming visit the SWGfL hub:  
[swgfl.org.uk/topics/gaming/](https://swgfl.org.uk/topics/gaming/)

or scan the QR code



### Further Support

Professionals Online Safety Helpline: [saferinternet.org.uk/professionals-online-safety-helpline](https://saferinternet.org.uk/professionals-online-safety-helpline)  
Harmful Sexual Behaviour Support Service: [swgfl.org.uk/harmful-sexual-behaviour-support-service/](https://swgfl.org.uk/harmful-sexual-behaviour-support-service/)  
Report Harmful Content: [reportharmfulcontent.com](https://reportharmfulcontent.com)



# Parent and Family Support

BRADFORD AND CRAVEN  
trailblazer **NHS**

## Parent/Carer Support Group Supporting Emotional and Mental Health



Tuesday  
19th March



10:30am or  
7:30pm



Held on Zoom

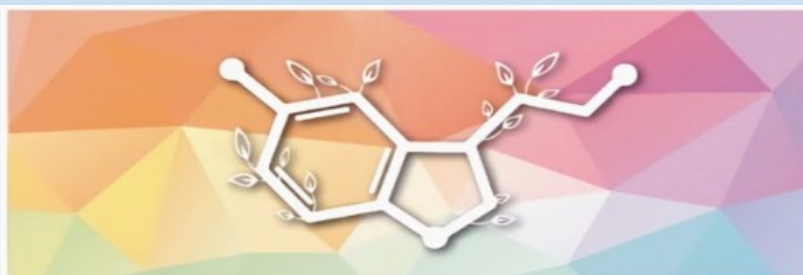
Please email the  
address below

### THIS MONTHS TOPIC: SUPPORTING YOUR CHILD: ANXIETY



In this months Parent Support Group, we will be looking at anxiety. During this, we will think about what anxiety can look like for children and young people, along with identifying coping strategies for ways of managing feelings of anxiety.

✉ [mhstparentsupport@bdct.onmicrosoft.com](mailto:mhstparentsupport@bdct.onmicrosoft.com)



## All Things Therapy Centre Ltd.

We are an Inclusive & Neurodiversity  
affirming therapy centre offering a range of  
services to all ages and abilities:

- Child, Teen & Adult Counselling and Psychotherapy
  - Play Therapy
  - Family Therapy
  - Couples Therapy
- Neurodiversity Screening
- Autism Assessments (5+)
- ADHD Assessments (8+)
- Cognitive Assessments



[www.allthingstherapycentre.co.uk](http://www.allthingstherapycentre.co.uk)

01756 639053



# Community Events



Served in The Upper Room,  
The Parish Rooms, Kildwick, BD20 9BA

Thursday 29th February and Friday 22nd March  
12 noon - 1:30pm


Delicious Soup, Bread, Cheese & Biscuits

Raising money for:

 **Jigsaw Kids Ministry**  
SHARING THE LOVE OF GOD

 **Abigail Housing**  
Shelter for those fleeing persecution abroad

We hope you will join us!



**Easter SUNDAY**

Family Service with Easter Egg Hunt,  
St Andrew's Kildwick 11:00am



**ALL WELCOME**

**FREE! MARCH 29**

**GOOD FRIDAY ACTIVITIES**

**EASTER ACTIVITIES & EASTER EGG HUNT**

From 10.00 am  
until 11.30 am

St John's Church,  
Netherghyll Lane, CONONLEY  
BD20 8NT

More Information : [www.kcb.church](http://www.kcb.church)





# Easter Holiday Clubs





**SOCCER HUB**

## EASTER HOLIDAY CAMPS

### Skipton

MONDAY 25TH - THURSDAY 28TH MARCH

### Keighley

WEDNESDAY 3RD - FRIDAY 5TH APRIL

10AM - 3PM

**BOOK ONLINE** [WWW.SOCCERHUB.ORG.UK](http://WWW.SOCCERHUB.ORG.UK)

EARLY DROP AND LATE PICK UP NOW AVAILABLE. PLEASE SEE WEBSITE FOR MORE INFO





## EASTER CAMPS 2024

Awarded LTA UK Club of the Year | Reception to Age 12

**TENNIS | FOOTBALL | MULTISPORTS**

**Week 1:** Mon, 25 – Thu, 28 Mar

**Week 2:** Tue, 02 – Fri, 05 Apr

**Drop off:** FREE from 8:30am

**9:00am - 3:30pm:** £25 / day

**3:30pm - 5:00pm:** £5 / day



SCAN TO BOOK



**UNRIVALLED FACILITIES:**

Club House | 5 Tennis Courts | Padel Court  
Grass Fields | 4G All-Weather Pitch | Sports Hall

**BOOK YOUR PLACE ONLINE AT [skiptontennis.com](http://skiptontennis.com)**

**SKIPTON TENNIS CENTRE**

07875 643780

[info@skiptontennis.com](mailto:info@skiptontennis.com)

[www.skiptontennis.com](http://www.skiptontennis.com)




**Ages 7-10**



## Easter Holiday Club!

Four sessions of fitness fun!  
at Cobbydale Forge (Limited places)

**Dodgeball! Neon Spin! Relay Races! Party Games! Lots of fitness fun!**

**COBBYDALE FORGE KIDS**



**When?**

25th & 26th March  
09:00-12:00  
2nd & 3rd April  
09:00-12:00



**Where?**

Cobbydale Forge,  
Unit 1 & 2, Canal Works, Elliott St.  
Silsden, BD20 0DE



**How to book?**

Book on LegitFit, or email:  
[cobbydaleforge@hotmail.com](mailto:cobbydaleforge@hotmail.com)

£15 per day, or buy all 4 days for £50 and save £10!  
(parents don't need to stay for the session)

[www.cobbydaleforge.com](http://www.cobbydaleforge.com)    @cobbydaleforge



## Wild Explorers

Where nature, fun and adventure collide!

A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

**We are an OFSTED registered outdoor holiday club where children can play, enjoy a campfire, woodland crafts, tools and much more!**



**Price**

£30 per child per day  
Childcare vouchers accepted

**Age**

Reception - Age 13

**Easter Holidays**

Monday 25th - Thursday 28th March  
Tuesday 2nd - Friday 5th April

*Birthday parties also available year round - email us for more info*



**Time**

9.30am - 3.30pm



**Location**

Broughton Hall Estate



[hello@wildexplorers.org.uk](mailto:hello@wildexplorers.org.uk)



[www.wildexplorers.org.uk](http://www.wildexplorers.org.uk)



# Community Sporting Activities

## SUNDAY MORNING SPORTATHON

FREE MULTISPORTS FOR 3-5 YEAR OLDS  
delivered by Skipton Tennis Centre

Continuing September 2023, sessions are held during term time at 9.30am on Sunday mornings and are **FREE OF CHARGE** for families living in Craven.

**FUN** Play Tennis and multi-skill activities as a family to encourage healthy, active lifestyles

**LEARN** New skills and games. Build PE confidence. Improve physical literacy and fundamental movements

**WHEN?** Each block runs term from September 2023

**WHERE?** Indoors in Sandylands Sports Hall, Skipton. Free parking available.

**OPEN TO ALL FAMILIES ACROSS CRAVEN**

"I've seen my child's confidence grow after receiving lots of praise and support when learning new skills. He has developed a better attitude and is now more willing to have a try when he finds an activity challenging. This will definitely help him as he starts school. It's also been lots of fun learning new games together!"

try  
learn  
play  
enjoy

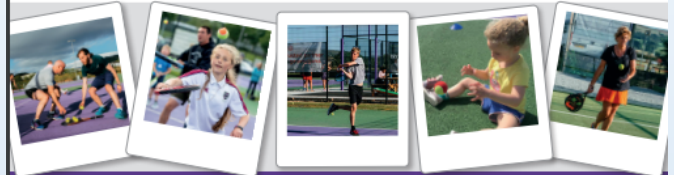
Call, Text or WhatsApp  
Andrea at  
HomeStart Craven  
07903 892108  
to book a place



## GROUP COACHING PROGRAMME 2023

AWARDED LTA UK CLUB OF THE YEAR

GO TO [WWW.SKIPTONTENNIS.COM](http://WWW.SKIPTONTENNIS.COM) TO DISCOVER WHICH COACHING SESSION IS BEST FOR YOU!



### GROUP COACHING

#### MINI TENNIS TOTS (3 & 4 YRS)

A great introduction to Tennis and a perfect foundation for any sporting activity

#### MINI TENNIS (5-11 YRS)

A fun way to start learning the sport and get a taste for the game

#### JUNIOR TENNIS (12 - 16 YRS)

Drills, match play, technical and tactical. A great platform to improve as a player

#### ADULTS TENNIS (17+)

Inclusive, beginners and improvers welcome. A fun and friendly environment

#### PADEL COACHING (ADULTS & JUNIORS)

Stressbuster, addictive, fun and social, a perfect way to learn the fastest growing sport

New 6 week  
block starts  
wc. 11.09.23

**FREE**

New players can  
try 2 sessions for free

Contact the club for details

Our Promise: All sessions will be delivered in a fun and friendly environment with LTA qualified coaches, who have full DBS checks and first aid certificates.

BOOK YOUR PLACE ONLINE AT [skiptontennis.com](http://skiptontennis.com)

SKIPTON  
TENNIS CENTRE

07875 643780

[info@skiptontennis.com](mailto:info@skiptontennis.com)

[www.skiptontennis.com](http://www.skiptontennis.com)



## Do you enjoy running & swimming?

Are you aged 8-18 and thought you might  
give triathlon a go?

Not sure how to start? Then try the **LBT 2024**

## Junior Aquathlon

Sunday the 2nd of June at Leeds University

An aquathlon is a swim followed immediately by a run and the perfect introduction to multi-sport events. The swim takes place in the Edge, a 25m heated indoor pool and the run is on a closed circuit round the university campus with electronic chip timing. This is a great event for all abilities to get involved in the sport from first timers, to athletes who hope to compete for the region. (The race is part of the Yorkshire Junior Triathlon Series). The day is organised by Leeds and Bradford Triathlon Club.



Your age on the 31st December 2024 determines your age-group.

Age Group	Swim Distance	Run Distance
8 years (Tristar Start)	50m swim	600m run (1 lap)
9-10 years (Tristar 1)	150m swim	1200m run (2 laps)
11-12 years (Tristar 2)	250m swim	1800m run (3 laps)
13-14 years (Tristar 3)	400m swim	3000m run (5 laps)
15-16 years (Youth)	400m swim	3000m run (5 laps)
17-18 years (Junior B)	400m swim	3000m run (5 laps)

Prizes are awarded for the first three male and female in each age group.

All finishers receive a Medal and Goody bag.

No previous experience is required only equipment are trainers and a swimming costume!

This event sells out every year weeks so enter quickly!

Event Website info:-

[lbt.org.uk/junior-aquathlon/](http://lbt.org.uk/junior-aquathlon/)

or go here to book:-  
<http://tinyurl.com/LBTJunior24>

email [lbtaquathlon@gmail.com](mailto:lbtaquathlon@gmail.com) for further information.

ENTER  
ONLINE  
NOW

## Pedal in the Park



### Spring Sessions Starting Thursday's

18-April thro 23-May 2024

Beginners: 5.00 - 5.45pm

Intermediates: 5.45 - 6.30pm

Advanced: 6.30 - 7.30pm

Sign up on Skipton Cycling Club Website

[WWW.Skipton.CC](http://WWW.Skipton.CC)

**Fun Professional Cycling Coaching  
AIREVILLE PARK SKIPTON**



Children  
must be able  
to ride  
without  
stabilisers





# Feast



A selection of activities available in your area

#### KANGA

Holiday club to keep you children active, well-fed, and having fun

#### SELFA

A safe and inclusive space for all - SEND exclusive, for members only

#### WILD EXPLORERS

Nurturing and fun forest school

#### CRAVEN YOUNG CARERS

Fun days out and activities for young carers



#### A PLAY AND LEARN SCHEME

An inclusive journey through new activities in a safe and fun environment

Book your **FREE** space now!



**FEAST is available for all children and young people across North Yorkshire with free places and a free meal for eligible children and young people.**



## Free activities

for children and young people this school holiday.



Packed with sport, art, fun and food, there's something for everyone.

Everyone in North Yorkshire from Reception to Year 11 (Year 13 if SEND) can join in, with FREE places available for eligible children and young people.

Discover what's on offer at **feastNY.org**



HolidayActivities

