



Kildwick CE VC Primary School

Learning to Live - Living to Love - Loving to Learn



Our Kildwick Curriculum - PE

At Kildwick CE VC primary School we value the individuality of all our children, irrespective of ethnicity, attainment, age, disability, gender or background. We are committed to giving all our children every opportunity to achieve the highest of standards in all that they do, underpinned by our deeply Christian ethos. We do this by taking account of pupils' varied life experiences and needs. We provide our children with an exciting and creative curriculum, in which many subjects are taught through themes. This thematic approach to teaching and learning inspires our children and engages them in their learning. We encourage children to be inquisitive learners and ask questions, offering them the opportunity to consolidate and revisit previous learning in order to deepen understanding and create life-long learners. Their achievements, attitudes and well-being matter and we offer them the opportunity to discover their gifts and talents given to them by God and experience 'life in all its fullness' (John 10:10).

Our vision aims to provide all children with a broad, high quality and relevant physical education. Through a well-structured and progressive school curriculum we enable all children to develop and challenge their knowledge, skill and understanding. Our curriculum ensures skills are developed through the following topics: dance, invasion games, gymnastics, outdoor and adventurous activity, swimming, athletics, net and wall games and striking and fielding games. In addition to this it is essential that children develop an understanding of a healthy lifestyle and make connections between physical health and a healthy mind with the vision that children will continue to adopt a healthy lifestyle into their adult life.

We aim to teach this through our balance of individual, team, co-operative, competitive and creative activities cater for individual pupils' needs and abilities. The PE scheme of work progressively builds key knowledge, skills and techniques which, combined with varied and flexible teaching styles, provides stimulating, challenging and enjoyable learning opportunities for pupils.

All children receive two hours of physical education a week. These lessons are delivered either by class teachers or our specialist PE teacher, who has expert subject knowledge and are extensively trained in the areas of the curriculum that are taught.

The areas covered in the PE curriculum for EYFS and Key Stage 1 focus on the development of fundamental movements through multi-skill lessons. Throughout the lessons the children are set individual and group tasks in order to develop additional skills such as team work, communication and leadership.

These skills are then developed in more specific topics throughout Key Stage 2. Here the children have the chance to revisit and build on the knowledge, skills and techniques acquired in the previous key stage and use them across a large variety of sports. Children are also challenged to think, create and solve problems whilst working as a team and individually within competitive and non-competitive environments. This enables children to develop and experience different roles within a team and recognise the importance of each role. Whilst developing their physical ability children are progressively introduced to theoretical information such as key muscles, bones and the effects of exercise and activities.