



Kildwick Chronicle

Spring Term 2025 Friday 31st January

Learning to Live

Living to Love

Loving to Learn

It has been another fantastic week of learning in school. Over the last few weeks I have had the privilege of spending some time in each class. How to keep ourselves safe online is one of our themes this half term and I have been impressed by the children's knowledge on this subject. Putting this learning into practice is the hard part though and as parents this is a constant challenge that we face. For those that missed the online parent workshop then the link to the live recording can be found [here](#). Linked to this, PCSO Ruth Pearson will be visiting on Monday to talk to the children about internet safety.

It is Children's Mental Health Week next week and the theme is 'Know Yourself, Grow Yourself'. Further details of the activities taking place in school can be found further down this newsletter. Connected to this, I always find getting outside improves my mental wellbeing and you may have noticed that the planets have been bright in the sky on clear nights recently. Top wellbeing thought: As each day passes over the next few weeks we are gaining 2.5 minutes extra of daylight

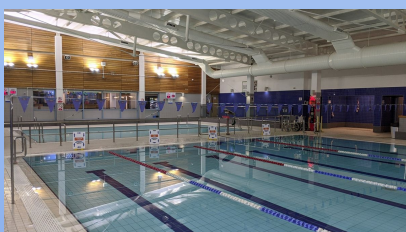
It would be unlike me to miss this opportunity to remind you that the next KS2 cross country event is next Wednesday at Cliffe Castle. Please consent via ParentPay. I am hoping for another fantastic turnout.

Have a great weekend.

Key Stage Two Write For You!

The Kingfishers class has started swimming this term and we go to swimming at the Craven Leisure Centre in Skipton. We go on Thursdays at 12:45pm and me and my friends enjoy sitting together on the coach. We find swimming really fun because we learn how to swim and we learn different types of swimming styles. We also have different swimming groups. Some swimming styles we do are breaststrokes, backstrokes and side strokes. Thank you to our swimming teachers, they are very kind and they teach us how to swim. We find swimming quite relaxing and enjoyable.

Written by Dexter J, Harry, Isla G,
Dexter F and Freyja.



SEND @ Kildwick

Our school SENCo is Miss Akrigg. You can find information regarding SEND at Kildwick on the website [here](#).

*It is important that everyone in our school community understands about SEND. Even if your child does not have Special Educational Needs they are in class with children who do. We are an inclusive school and it is important that all members of our school community understand and value **all children in our school**.*

DID YOU KNOW?

There are various types of sound intolerance conditions.



- Sound Sensitivity**
An increased reactivity to sounds that may include **general discomfort** (annoyance or feeling overwhelmed) due to a perceived noisy environment, regardless of its loudness.
- Hyperacusis**
Physical pain or discomfort when any sound reaches a certain level of loudness that would be tolerable for most people.
- Misophonia**
Extreme emotional response to certain sounds (often body sounds such as chewing and sniffing) that are not influenced by the perceived loudness of those sounds.
- Phonophobia**
The **anticipatory fear** of sound to a perceived noisy environment, regardless of its loudness. This includes common sounds (e.g., traffic, doors closing, toilet flushing, even singing.)





Special Educational Needs Event

Tuesday 4th February 2025
Skipton Hotel (Rendezvous)
Time : 10am-3pm

"Come along and learn about what is available in your local community to support with Children & Young Peoples Special Educational Needs. There will be people to meet, activities to try & a raffle to win. This event is open to Parents/ Carers/ Young People & Professionals who support Young People

Support Thrive Grow



For more information please email lucy.owens11@nhs.net

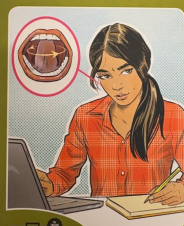
Zones of Regulation Top Tips for Home!

Each week we share a 'tool' from the Zones of Regulation 'toolkit' in this section of the newsletter.

These are strategies for adults and children to use to help recognise and manage emotions. See the first newsletter of this academic year for further information on the zones. You could try this at home—have a look at this week's tool. If you would like any further information you can contact Mrs Swales.

k.swales@kildwickce.uk

FEEL IT
Around the Roof



TOOLS TO TRY


FEEL IT
Around the Roof

Place the tip of your tongue on the roof of your mouth. Move your tongue around in circles clockwise five times. Then move your tongue in circles counterclockwise five times.

Why to try?

This may help during times when we are trying to listen and focus, like a fidget. This action can wake up the nerves in our mouth and keep it busy to prevent interrupting others and maintaining focus when something is boring.

How do you feel?
What Zone would this help in? ■ ● ◆ ●





Bradford District and Craven Health and Care Partnership



Bradford District Care NHS Foundation Trust

Parent/Carer Support Group Supporting Emotional and Mental Health



Tuesday 25th
February



10:30am or
7:30 pm



Held on
MS Teams
Please email the address below

THIS MONTHS TOPIC: LIVING A HEALTHIER LIFE WITH YOUR CHILD: WITH MY LIVING WELL SERVICE

Are the demands of modern life a barrier to you and your family living a healthier life? Do you want to know the connections between food, being active and our mental wellbeing? Do you want to discuss healthy living with your child and/or family but not sure where to start? Join this session for support around living healthy, the barriers, difficulties and challenges this may bring.



✉ mhstparentsupport@bdct.onmicrosoft.com

Keighley and Craven Cross Country Series 2024-25

Kildwick will be taking part in the Keighley and Craven Schools Cross Country events this year. The events are taking place on the following dates and at the following locations.

Weds 5th February—Cliffe Castle 3.15pm

Tues 11th March—Marley Playing Fields 3.15pm

There will be 4 separate races:

Yr 5/6 Girls

Yr 5/6 Boys

Yr 3/4 Girls

Yr 3/4 Boys

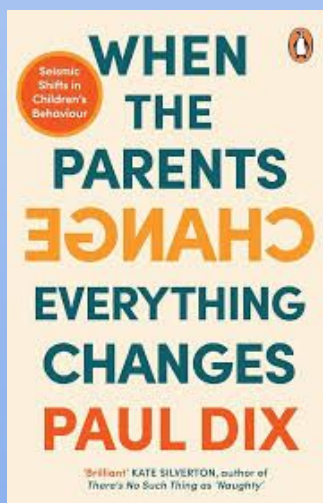


Mr Whitehead will be giving each child that participates in any of these events a running T-shirt to commemorate the event (different to last year). If your child would like to take part then please see previously sent correspondence and consent via ParentPay.

Lending Library

We have purchased three copies of the book *When the Adults Change* by Paul Dix for parents and carers to borrow. This book aligns with our whole school staff training by Paul Dix and offers valuable insights into supporting positive behavior.

If you would like to borrow a copy, please call into the school office, where you can sign out a copy. We encourage you to take advantage of this offer and work in partnership with school on behaviour.

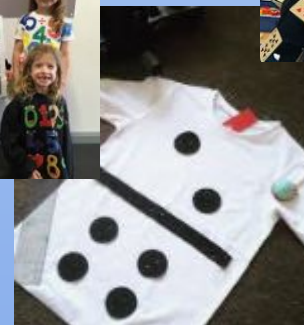


NSPCC Number Day Friday 7th February



On Friday 7th February children can come dressed up in something number related. Children will take part in numerical games, activities and 'Dress up for Digits' while raising money to support vital services like Speak out Stay safe and Childline.

If you are able to please make a donation on Parentpay.



Children's Mental Health Week 3rd-9th Feb



This year's theme for Children's Mental Health Week is Know Yourself, Grow Yourself. The aim is to equip and empower children, young people, and the adults who surround them to embrace self-awareness and explore what it means to them.

Place2Be's Children's Mental Health Week 2025 is joining forces with Here4You to explore the importance of self-awareness and expressing emotions.

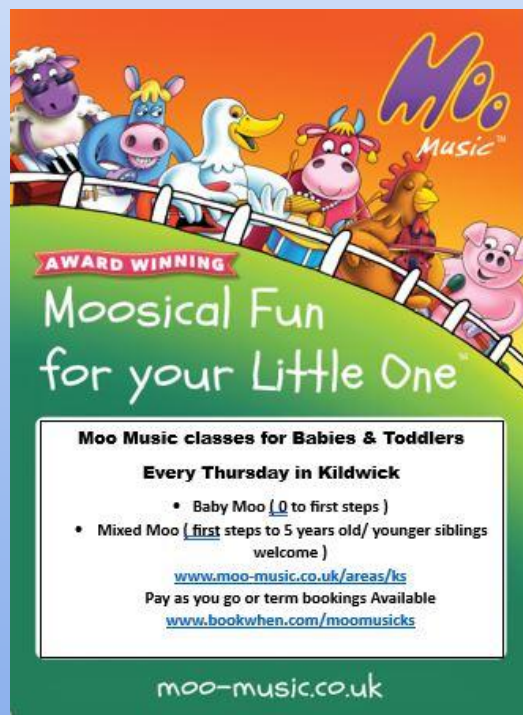
Here4You is supported by The Walt Disney Company, and through the characters of Pixar's Inside Out and Inside Out 2, the resources encourage children and young people across the UK to discover how getting to know who they are can help them build resilience, grow and develop.

Children will be doing activities in houses on Monday 3rd February and will take part in a whole class lesson around self-awareness and resilience with Mrs Swales during this week.



Moo Music

We are delighted that these sessions have come to Kildwick! Bookings can be made [here](#).



Glusburn Youth Theatre - Cinderella!

Several children from Kildwick School will be performing in this year's Glusburn Pantomime, *Cinderella*. It would be great if you could take your children along to support their friends - we're sure they'll have a fantastic time. Tickets can be purchased here.

<https://www.ticketsource.co.uk/gyt>

We know that there are a lot of hours rehearsing for this performance and we are incredibly proud of all their hard work. If parents and carers of the children involved take any pictures, we would love to share them to inspire others!

Good luck to all the performers!



Things to look forward to!

We're always thinking ahead and planning exciting opportunities for the children. To help parents plan financially, we're now adding events to ParentPay as early as possible. This gives families plenty of time to pay for upcoming activities. More information and specific details will follow but here are just a few highlights of what we have coming for the second half of the school year.



The Wizard of Oz Live Theatrical Production - March



Y4 Residential - March

EYFS & Yr One Wild Explorers



EYFS/KS1 Great Fire of London Workshops - May



Y6 Bewerley Park Residential - May



Year Two Nell Bank



Street Dance Performance and Workshops with Kieran Lai - June



Reception/Y6 Cycling Days - May/June

Meet the Team

There are a lot of adults working with and supporting your children in school. Some of them you will have less contact with than others. We will use this section of the Newsletter to help parents and carers get to know everyone. This should be particularly useful for parents who are new to the school! Meet...Mrs Harmon.

In 2017, I was fortunate enough to obtain a placement at Kildwick as part of the degree course I had begun. It is hard to believe I've been part of the Kildwick school community for eight years now! From the outset, I loved the family feel of the school and the dedicated, friendly and supportive staff team. Naturally, when a job became available in 2019 I jumped at the chance of working here supporting children as a teaching assistant - I have not looked back. I'm now undertaking a teaching qualification alongside my role at school, and excited by the opportunities that may bring. I have three children, two at university now and my youngest has recently started secondary school. We live high in the beautiful hills, which is great...except when it snows!



Online Safety Parent Session

Parents are invited to attend an online safety session looking at current trends and risks and what we can do to mitigate them. The link to access the recorded session can be found [here](#) or [here](#)

Online Safety Information Session



Safer Internet Day 2025 will take place on the **11th February 2025**, with celebrations and learning based around the theme...



Safer Internet Day is the UK's biggest celebration of online safety. Each year we cover an online issue (in school) that speaks about the things young people are seeing and experiencing online.

This year Safer Internet Day will be focusing on the issue of scams online. The children will spend the week learning how to protect themselves and others, as well as what support is available to them.

The Vision Leaders will present what they have learnt and include some top tips for spotting scams during a presentation at our **Collective Worship in church on Friday 14th February**.



Relationships and Sex Education Meeting - Friday 28th February 9am

At Kildwick, we believe that our children deserve and need a comprehensive programme that prepares them for future transitions, including moving on to secondary school. Therefore, we are working with the well-respected charity Coram Life Education (CLE) who produce the SCARF programme. SCARF lessons are the vehicle that we use to teach PSHE lessons which includes the Relationships and Sex Education element of the curriculum.

We have arranged for a member of the SCARF team to visit school to deliver a session for parents and carers.

We would strongly encourage you to attend this session.

A letter with further information about this session will be sent out in due course.





This week certificates have been awarded to:

Robins	Learning to Live — Lily J & Seth Living to Love — Arthur Co & Rocco Loving to Learn — Reuben & Rowan
Swallows	Learning to Live — Iona G Living to Love — Indie Loving to Learn — Florrie
Kingfishers	Learning to Live — Annabelle Living to Love — Fearne Loving to Learn — Oscar
Owls	Learning to Live — Archie C Living to Love — Seth Loving to Learn — Ettie
Eagles	Learning to Live — Austin Living to Love — Olivia Loving to Learn — Imogen

Governor Meetings and Updates

Governors will be meeting on the following dates:

05/02/25 - Curriculum Committee

11/03/25 - Finance Committee

27/03/25 - Full Governing Body

30/04/25 - Curriculum Committee

13/05/25 - Finance Committee

19/06/25 - Full Governing Body

09/07/25 – Full Governing Body

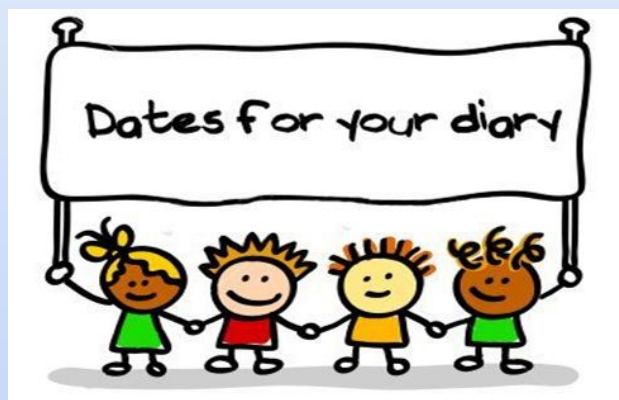
The most recent Governing Board update can be found [here.](#)

Extra Curricular Clubs next week

Monday	EYFS/KS1 & Y3 Dance with Firehouse KS2 Running with Mr Whitehead (finishes at 4.20pm)
Tuesday	KS2 Music with Mr Schofield
Wednesday	EYFS/KS1 Construction Club with Miss Taylor KS2 Art Club with Art Star
Thursday	EYFS/KS1 Cookery Club with Donna and Miss Howarth
Friday	Y2 & KS2 Gymnastics with Ambitions (finishes at 4.20pm)

Spring Diary

Dates



Wednesday 5th February - Cross Country at Cliffe Castle (after school)

Friday 7th February - NSPCC Number Day - *children can come dressed in something number related.*

Tuesday 11th February - National Child Measurement Programme (R&Y6)

Wednesday 12th February - Kingfishers and Owls - Stump Cross Caverns

Friday 14th February - Collective Worship in Church - 2.45pm

Friday 14th February - Break up for half term break

Friday 28th February - Relationships & Sex Education meeting for parents - 9am

Monday 3rd & Tuesday 4th March - Year 4 Residential to High Adventure

Wednesday 5th March - World Book Day Performance of Wizard of Oz

Tuesday 11th March - Cross Country Marley Playing Fields (after school)

Friday 14th March - Collective Worship in Church (with Internet Safety by pupils) - 2.30pm to 3:15pm

Tuesday 18th March - Year 6 Crucial Crew trip

Wednesday 19th March - Canals & Rivers Trust - class visits.


Friday 21st March - Red Nose Day (Comic Relief)

Monday 24th & Thursday 25th March - Parent Consultations

Friday 28th March - Kingfishers and Owls to Sandylands (Sports Trilogy)


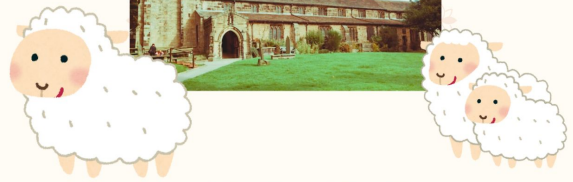
Thursday 3rd April - Owls STEM visitor (Dave Rockett from Northern Gas Network)

Community Events & Groups



Kildwick Parish Rooms

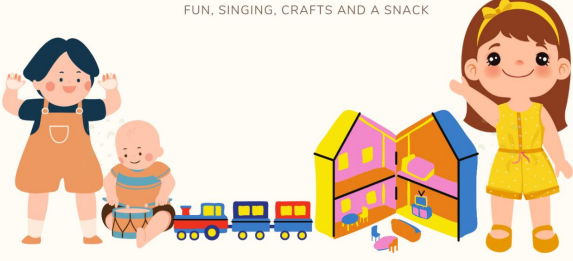
St Andrew's Little Lambs

Fun for the under 5's and their grown ups

TUESDAY'S (TERM TIME ONLY)
9.30AM - 11.30AM
£1 PER CHILD

COME AND JOIN US FOR
FUN, SINGING, CRAFTS AND A SNACK




Build your skills

Fridays 14 February - 7 March 2025
12.30 - 2.30pm
Skipton Library

This course is delivered through a series of short introductions to the following topics:

- Thinking skills
- Planning and time management
- Self-assessment
- Target setting
- Personal development planning


It also includes interview techniques and an introduction to a basic office skills including MS-Word, MS-Spreadsheets, Teams meetings and PowerPoint presentations.



For further information and advice on this course, or for assistance in enrolling, please contact Jane Gibbs on 07577148907 or email jane.gibbs@northyorks.gov.uk

www.northyorks.gov.uk/adultlearning
Tel: 01937 520 900
Email: adultlearning@northyorks.gov.uk





AWARD WINNING

Moosical Fun for your Little One

Moo Music classes for Babies & Toddlers

Every Thursday in Kildwick

- Baby Moo (0 to first steps)
- Mixed Moo (first steps to 5 years old/ younger siblings welcome)

www.moo-music.co.uk/areas/ks
Pay as you go or term bookings Available
www.bookwhen.com/moomusicks

moo-music.co.uk



RIVERSIDE GARDENS JUNIOR PARKRUN

JOIN THE JUNIOR PARKRUN FAMILY
WALK, JOG, RUN, VOLUNTEER
or simply come and watch - it's up to you!

FAMILY-FRIENDLY 2K EVENTS Every Sunday morning	FOR 4-14 YEAR OLDS Adults can join in with the kids too!
EVERYONE WELCOME Walk, jog, run, hop, skip or jump - it's up to you!	FREE & EASY TO TAKE PART No special kit needed - wear whatever you like
HAVE FUN BEING ACTIVE Share high fives and big smiles!	MAKE FRIENDS Meet lots of new people
LEARN NEW SKILLS Kids can volunteer in lots of roles	FEEL HAPPY AND PROUD Try your best and celebrate your achievements

"We all do it together as a family. The volunteers are really nice, it's fun and you can rest if you want to!"

Register at:
www.parkrun.org.uk/riversidegardens-juniors
and head down to your local junior parkrun event!

Venue:
Riverside Gardens, 33 Bridge Lane, Ilkley, LS29 9EU

Time:
Every Sunday 9:00am

Kindly printed by pinnacle



SCAN ME

Community Activities & Clubs

If you run any clubs in the community or know of any that would like to share their details here please contact the school office. office@kildwickce.uk



WE OFFER...

- Preschool Gymnastics
- School Aged Programmes
- Progressive programmes
- Birthday Parties
- Holiday Programmes
- School Gymnastics
- Group Bookings

REGISTER NOW!

07923 480 365
info@ambitionsgymnastics.com

EARBY GARGRAVE CROSS HILLS SETTLE

Upside down fun for everyone!!

www.ambitionsgymnastics.com



LEGO CLUB

Calling all master builders!

Come along to Skipton Library's LEGO club

Wednesday 3.45-4.45pm
 Saturday 9.30-10.30am
 Term time only

Each session has a theme and ends with someone being awarded Master Builder of the week!

FUN | FRIENDSHIP | FITNESS



KNOW OF A GIRL IN YEAR 5?
 GET THEM INVOLVED!
 THEY'LL HAVE FUN, PLAY FOOTBALL AND MAKE NEW FRIENDS IN A GIRLS TEAM

MONDAYS 5PM - 6PM

SANDYLANDS ASTRO TURF SKIPTON

JUST TURN UP OR CONTACT

SKIPTONJUNIORSFC@GMAIL.COM



SOCCER HUB WEEKLY COURSE

A GREAT WAY TO LEARN NEW SKILLS, HAVE FUN, MAKE FRIENDS & PLAY FOOTBALL

Cross Hills, South Craven School (indoors)
 Tuesdays (term time only)
 4 - 7 Years old 5:30pm-6:30pm
 7 - 13 Years old 6:30pm-7:30pm

Keighley, Marley Stadium (outside on 4G pitch)
 Thursdays (term time only)
 4 - 7 Years old 5pm-6pm
 7 - 13 Years old 6pm-7pm

Skipton, Sandylands Sports Centre (outside on 4G pitch)
 Fridays (term time only)
 4 - 7 Years old 5pm-6pm
 7 - 13 Years old 6pm-7pm

Booking Details - soccer-hub.classforkids.io
 07702497273 | headoffice@soccerhub.org.uk



Rock Climbing Clubs 2025

Since 2021, we've been teaching young people how to become independent climbers. From **knot tying** to **belaying**, **bouldering** to **lead climbing** we progress through the essential skills both Indoor and Out, developing self confidence to fitness in a long-term hobby.

Novices: Wednesday - 17:00-19:00, Silsden Primary
 Friday - 17:00-19:00, Silsden Primary
 Saturday - 9:30-12:30, Climbing Hub/Ilkley
 Saturday - 11:30-13:30 or 13:45-15:45, Ermysted's
 Sunday - 9:30-11:30 or 11:45-13:45, Ermysted's

Advanced: Saturday - 9:30-12:30, Ilkley/Climbing Hub

Ages: 11-16 (Silsden) 8-12 (Ermysted's) 8-17 (The Climbing Hub)

"THE CLIMBING SESSIONS NOT ONLY HELP WITH PHYSICAL DEVELOPMENT BUT ALSO ARE BRILLIANT FOR BUILDING CONFIDENCE."

£20.00-27.50 per session

Book online or contact us via email

WWW.MYEXPEDITIONROCKS.COM | INFO@MYEXPEDITIONROCKS.COM



<code> </club>

if (interestedInLearningToCode) {
 visitTheLibrary('Friday', '3:45pm');
}

For ages 6 - 10 years old

Microbits and Raspberry Pi

Booking required

skipton.library@northyorks.gov.uk | 01609 534548

Holiday Clubs

February Half Term Gymnastics

- School aged children
- All abilities
- Games, skills, circuits
- **FUN** for all!



Holiday Programme

Tuesday 18th February
Wednesday 19th February
Thurs 20th February

Cross Hills

Tuesday 18th February
Wednesday 19th February

Earby

Friday 21st February
Gargrave
9am 3pm



ambitions
gymnastics 

www.ambitionsgymnastics.com



Wild Explorers

Where nature, fun and adventure collide!

A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

We are an OFSTED registered outdoor holiday club where children can play, enjoy a campfire, woodland crafts, tools and much more!



Price

£35 per child per day
Childcare vouchers accepted

Age

Reception - Age 13

February Holiday Club

17th - 21st February

*Birthday parties also available year round
email us for more info*



Time

9.30am - 3.30pm

Location

Broughton Hall Estate



hello@wildexplorers.org.uk



www.wildexplorers.org.uk



FEBRUARY CAMPS 2025

Awarded LTA UK Club of the Year | Reception to Age 12

TENNIS | FOOTBALL | MULTISPORTS

Mon, 17 Feb - Fri, 21 Feb 2025

9:00am - 3:30pm

£25 per day / £125 per week

FREE Early drop-off | 8:30am - 9am

Late pick up | 3:30pm - 5pm | £5 per day

Ages 4 (reception) to 12 yrs



SCAN TO BOOK

UNRIVALLED FACILITIES :

5 Tennis Courts | 3 Padel Courts | Club House
4G All-Weather Pitch | Sports Hall

BOOK YOUR PLACE ONLINE AT skiptontennis.com

SKIPTON
TENNIS CENTRE

07875 643780

info@skiptontennis.com

www.skiptontennis.com



Holiday Clubs

HOLIDAY ROCK CLIMBING



Our holiday climbing sessions are an ideal way for kids to get out and enjoy the great outdoors during the holidays. With activities including climbing, abseiling and weaselling, it is an action-packed day.

Just a packed lunch and old clothes for climbing, scrambling, crawling and squirming amongst the rocks and we'll provide the rest.

£55.00, or £102.50 for siblings (7-16 years old)

The Climbing Hub, Bradford: 18th, 19th or 20th February

The Big Depot, Leeds: 17th February, 10:00am-4.00pm

Times: 10:00am-4.00pm

Childcare Vouchers accepted for The Climbing Hub



Book online or contact us via email



www.myexpeditionrocks.com ✉ info@myexpeditionrocks.com



From
£15
per day



FEBRUARY HALF TERM 2025

Skipton, Sandylands

HOLIDAY CAMP
Tuesday 18th and Wednesday
19th February

GOAL KEEPER CAMP
Wednesday 19th February

Keighley, Marley

HOLIDAY CAMP
Friday 21st February

Individual Days Available
Early drop off / late pick up etc



For bookings visit
www.soccerhub.org.uk/camps/

