



### **PSHE Intent**

We aim to deliver a PSHE (Personal, Social, Health and Economic) curriculum that develops learning and results in the acquisition of knowledge and skills which enables children to access the wider curriculum and to prepare children to be a global citizen now and in their future.

We have designed a curriculum with appropriate subject knowledge, skills and understanding to fulfil the duties of the National Curriculum whereby schools must provide a 'balanced and broadly-based curriculum which promotes the spiritual, moral, cultural, mental and physical development of pupils and prepares them for the opportunities and responsibilities and experiences for later life'.

The intent of our PSHE curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, remember more and understand more.

At Kildwick CE Primary, our PSHE education enables our children to become healthy, independent and responsible members of a society. It aims to help them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. We expose children to a wide range of local and global issues so that children have an understanding of the world outside of Kildwick Primary School. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. Through delivering a PSHE curriculum that incorporates the understanding of RSE (Relationship and Sex Education), children will know how to be safe and to understand and develop healthy relationships both now and in the future.

We believe that PSHE plays a vital part of primary education and as well as discrete focused lessons, it is also embedded throughout the curriculum. PSHE is integral to the development of children's values in order for them to become a positive citizen in a forever changing world. PSHE is an important part of school life where children's spiritual, moral, social and cultural curiosity is stimulated, challenged and nurtured.

## **Implementation**

We follow a clear and comprehensive scheme of work in line with the National Curriculum, created by The PSHE Association. Our PSHE curriculum has three core learning themes: health and wellbeing, relationships and living in the wider world.

At Kildwick CE Primary, all subjects make a link to PSHE, British Values and SMSC where possible and language is used consistently by all staff. These links are also evident in Collective Worship.

We have a clear RSE scheme of work within PSHE in line with the new recommendations of teaching RSE in National Curriculum (February 2019) The teaching and learning of RSE is planned explicitly within each year group. Anything that is taught with regards to RSE outside of the science curriculum will be communicated with parents in advance. Parents are informed of the content of the RSE programme of work and are welcome to view resources or discuss any content with staff. Parents have the right to request to withdraw children from RSE (for aspects of sex education outside of the Science curriculum) but not relationships or health education. Relationship and health education is taught through our PSHE curriculum enabling us to meet statutory requirements.

The spiral curriculum starts in Year One and follows the children through to Year Six. Children build on their understanding of a topic each time that it is visited. Re-visiting topics provides children with the chance to explore a range of issues and apply their own experiences to their learning. The curriculum also considers key campaigns throughout the year such as Anti-bullying Week, Mental Health Awareness Week, Road Safety Week and Safer Internet Day.

## **Impact**

Our pupils will:

- develop positive and healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level.
- have respect for themselves and others.
- have positive body images.
- will recognise and apply the British Values of - Democracy, Tolerance, Mutual respect, Rule of law and Liberty.
- demonstrate a healthy outlook towards school – attendance will be at least in-line with national and behaviour will be good.
- become healthy and responsible members of society
- be prepared for life and work in modern Britain.

All learning is recorded in a class scrapbook. We recognise that PSHE is a highly social and discussion led area of the curriculum. Key parts of discussions will be recorded in the class scrapbook.

We also develop PSHE through activities and whole-school events e.g. the school council representatives from each class meet regularly to discuss school matters. We offer residential trips to various year groups in Key Stage Two, where there is a particular focus on developing pupils' self-esteem, self-confidence, self-belief and giving them opportunities to develop leadership and co-operation skills through team building.

PSHE is timetabled for a minimum of 30 minutes each week for whole class teaching. In addition, staff will aim to set aside time in class to discuss matters arising from school council meetings or other arising issues, which require addressing. This may also involve responding to developing topical issues in the world today. These additional PSHE issues are vital learning opportunities and experiences for children.