



# Kildwick Chronicle

Spring Term 2024

Friday 2nd February

Learning to Live

Living to Love

Loving to Learn

February is finally here! January seemed very long, yet this half term has flown by! Next week we will break up for the February half term and you will receive the end of half term round up looking back over Spring One. You will also be sent the curriculum newsletter looking forward to all that Spring Two will bring. We are hoping for brighter weather and looking forward to the lighter nights. Have a lovely weekend and we will see you all next week.

## Children's Mental Health Week 5th—11th February 2024

Next week, all children in school will create a 'What Matters to Me' picture. They will bring this home to share with you. It would be great if you could ask them the following questions: Why does this matter to them? What matters most to them? Does anything that matters to them, also matter to you?

You can get further guidance on how to support your child with their mental health [here](#).

### Here's what children and young people told us they need from you:

- 1 We don't need to have 'one-off conversations about our mental health' – sometimes a chat on a journey or at bedtime is enough.
- 2 I need to know it's okay to talk to you about any and all of my feelings. Please hear what I have to say, without interrupting me.
- 3 Please listen to me carefully and acknowledge how I am feeling – it might seem silly to you but what I am going through is important to me.
- 4 Playing with pets can make me feel better. Same with playing football, basketball or whatever type of sport I am into.
- 5 Don't compare my experiences to your own when you were a child.
- 6 Sometimes I just need you to listen and hear what I'm saying – I don't always need answers (or lectures)
- 7 Please don't worry about trying to fix things for me – I often just need to know you are there for me and understand what I am going through.
- 8 If you are open with me about your feelings, this can help me to be more open about mine.
- 9 Sometimes I don't want to talk. Please trust that I will come to you (or another grown-up or someone my own age) when I'm ready. Sometimes it's easier for me to talk to someone nearer my own age – my siblings, cousins, friends, younger teachers at school - because they 'get it'.
- 10 Sometimes a hug is all it takes to make me feel supported.

### WHAT MATTERS TO YOU? CREATIVE VIDEO ACTIVITIES FOR FAMILIES

These wellbeing activities can help children and young people think about and share what matters to them.

For primary children: [bit.ly/3PzCGI8](https://bit.ly/3PzCGI8)

For secondary children: [bit.ly/3LBD2wK](https://bit.ly/3LBD2wK)

## Parent Support Group

The Parent Support Group is an online group, facilitated by NHS mental health practitioners. The group is a safe space for parents to get together, share their experiences and build positive relationships. A different subject is discussed each month and parents will receive useful information and strategies around the chosen monthly topic.

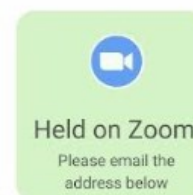
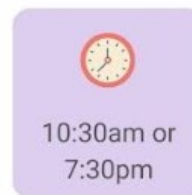
The topic this month is: Supporting Your Child—Self Esteem.

If parents are interested in attending, please contact the team

at: [mhstparentsupport@bdct.onmicrosoft.com](mailto:mhstparentsupport@bdct.onmicrosoft.com)

## Parent/Carer Support Group

Supporting Emotional and Mental Health

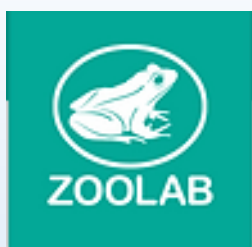


### THIS MONTHS TOPIC: SUPPORTING YOUR CHILD: SELF ESTEEM



In this months Parent Support Group, we will be discussing self esteem. During the session, we will think together about what self esteem is, what can impact self esteem and how to build and support building positive self esteem.

✉ [mhstparentsupport@bdct.onmicrosoft.com](mailto:mhstparentsupport@bdct.onmicrosoft.com)



### British Science Week 8—17th March

This year we are going to celebrate British Science week by inviting a zoo into school!

Each class will have a workshop with the zoo. The children can see up to 35 animals and they will get to meet, learn about and handle between 4 and 7 different creatures, including: sick insects, tarantulas, scorpions, snakes, giant millipedes, cockroaches, giant African land snails, tree frogs and a small mammal.

We are asking parents for a voluntary contribution of £7 (payment via Parent Pay).

This is a voluntary contribution as we are aware some families may struggle to make this payment. We have decided on a visit to school rather than a school trip to keep costs to a minimum. The PTA have kindly agreed to pay any short fall in the cost of this enrichment activity.

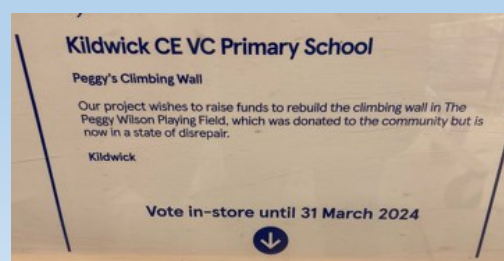


### Peggy Wilson Playing Field - Climbing Wall

If you shop at Tesco, please ask for tokens when paying and vote for Kildwick CE School. This is to receive funds to replace the climbing wall on the Peggy Wilson playing field. The climbing wall was previously donated but is now in a state of disrepair and we would like to be able to give the children the opportunity to continue to use it.

Spread the word...

**VOTE FOR KILDWICK!**



## Glasses in Classes



After a successful screening with Year Two and three children the programme will now be extended to the rest of the school (from Reception to Year Six).

Letters will be sent out regarding consent and Mrs Kingham will aim to start her screening in the next two weeks. Please complete the 'opt out' form if you do not want your child screened. The optometrists from Bradford University will return in the second half of the spring term to do their checks. If any children need follow up appointments, letters will be sent out then.

The next part of the project is for school staff and parents to encourage any children needing glasses to wear them to help their eye health. Children often need reminders to wear glasses to help them develop healthy eye habits.

## **Useful courses and info for parents**

Please find information for parents from NYCC regarding upcoming courses. They advise to book ASAP. Many courses will be repeated in April & June

[Unlocking SEMH for Parents/Carers | NYES Info](#)

[Unlocking ADHD for Parents/Carers | NYES Info](#)

[Unlocking Autism for Parents & Carers 2 Day Course | NYES Info](#)

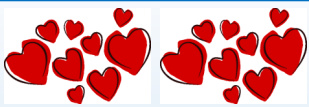
[Unlocking Autism Plus Modules for Parents & Carers - Girls & Autism | NYES Info](#)

[Unlocking Autism Plus Modules for Parents & Carers - PDA | NYES Info](#)

[Unlocking Autism Plus Modules for Parents & Carers - Selective Mutism | NYES Info](#)

[Unlocking Autism Plus Modules for Parents & Carers - Identity & Autism | NYES Info](#)

Useful NYSCP video [here](#).



## PTA Valentine's Disco



The PTA will be holding a Valentine's Disco on

**Thursday 8th February 2024**

This will be held in the school hall.

Robins and Swallows children can stay after school for the disco and be collected between 4:30pm—4:45pm. Robins and Swallows children can come to school in their disco clothes on the day. Key Stage Two Classes should return to school at 5pm and be collected at 6pm.

Please make payment of £3.50 via Parent Pay. If you are unable to make payment but wish for your child to attend, please email the school office so that we have a list of children who will be attending. Snacks and refreshments will be included for the children.

**If you are able to help at the disco please contact Gemma Harling on 07792 845885**



**A big thank you to DJ Noisy Parker who is providing the entertainment!**





### KS2 Running Club

KS2 running club will take place on the following dates next half term:

6th, 13th and 20th March. The final event of the Cross Country event will take place on Weds 28th March at Marley and therefore there will be no running club on this date.

### Head Lice

We have had cases of head lice in school this week. Please check your child's hair regularly and treat as soon as you find any lice in your child's hair. NHS information regarding treating head lice can be found [here](#).



### Keighley and Craven Schools' Cross Country

The next cross country event is taking place at Cliffe Castle on Thursday 8th February. A letter has been sent separately to all KS2 pupils. Please consent via Parent Pay. All races will be completed by approximately 4.15pm, giving enough time for children to get to the KS2 school disco at 5pm.



### School Bags

A quick reminder that children in years Reception— Year Five should use a school book bag. Year Six children can bring in a bag of their choice.

### Outdoor clothing

A reminder that children should come to school in outer clothing suitable for the weather conditions. Reception children are given the option to 'free flow' into the outdoor area in all conditions.

## Zones of Regulation

We are delighted that lots of children are using Zones of Regulation to help talk about, and manage their emotions (self regulate). Some parents have asked for a reminder of the zones—hope this helps!

**The ZONES of Regulation**

<b>Blue Zone</b>	<b>Green Zone</b>	<b>Yellow Zone</b>	<b>Red Zone</b>
Sad	Happy	Worried	overjoyed/Elated
Bored	Focused	Frustrated	Panicked
Tired	Calm	Silly	Angry
Sick	Proud	Excited	Terrified



On March 21st, we will be celebrating World Down's Syndrome Day by inviting children to come to school in their 'funkiest' socks! This will give us the opportunity to learn and talk about people with Down's syndrome and other learning disabilities.

If you are able to make a donation on behalf of Kildwick CE School please do so [here](#). We would love to meet our £100 target!

*"Rock your Socks for Mencap this March to raise awareness and vital funds to support people with a learning disability across the UK. Down's syndrome is just one of many different types of learning disability. Most people have two copies of chromosome 21, while those with three copies of chromosome 21 have Down's syndrome. This is why we celebrate World Down's Syndrome Day on 21 March each year and encourage people to Rock Your Socks in March"*

## World Book Day



For World Book Day 2024, we have invited M&M theatrical productions into school to perform the classic

literature adaptation of *The Secret Garden*. This will take place on Friday 8th March, in school, for all children. We are asking parents and carers for a voluntary contribution of £3 per child. Please make payment via ParentPay. The PTA will be funding the remaining balance. We will not be asking children to dress up this year.

We think the children will love an alternative activity this World Book Day!

**World Book Day vouchers will be sent home at the end of next week and they can be claimed between 15th Feb and 31st March.**



## Parent Forum



The parent forum next term will be on **Friday 8th March**. This will take place in the Church. If you have any suggestions for focus areas you would like us to discuss next year, please email via the school office. This is an opportunity to feedback to us and help us continue to improve. The parent forum is an excellent way for home and school to work in partnership. Further information about the parent forum can be found on our website [here](#).

## Governor Meetings

For information, Kildwick CE Primary School governor meetings will take place on the following dates:  
7th February 2024—Full Governing Board Meeting (Curriculum Committee Meeting to be rearranged)  
21st March 2024—Full Governing Board Meeting  
23rd April 2024—Curriculum Committee Meeting  
20th June 2024—Full Governing Board Meeting



**SAVE the DATE**  
**Safer Internet Day**  
**2024** | Tuesday  
6 February  
[www.saferinternetday.org](http://www.saferinternetday.org)



Tuesday 6th February is Safer Internet Day. We teach online safety as part of our Computing and PSHE curriculum but we will be taking this additional opportunity to continue to help the children understand how to stay safe online. Public Safety Officer, Alice Michelmores-Brown and PCSO Keris Thornton from North Yorkshire Police will be coming to work with the children.

It is important that parents and carers feel prepared and confident about what to do if you or your child sees something inappropriate, upsetting or concerning online. Here are some websites with useful information:

[UK Safer Internet](#) The UK Safer Internet has contact details and information for a number of different organisations who can help with any concerns you may have about things you or your child has seen online.

[CEOPS](#) If you are worried about any kind of online abuse or the way that someone has been communicating on-line, you can make a report to one of CEOPS Child Protection advisors.

[NSPCC](#) If you're worried about something a child or young person may have experienced online, you can contact the [NSPCC Helpline](#) for free support and advice. If your child needs more support, they can contact [Childline](#).

## **How do we keep children safe online in school?**

The Department for Education provides schools with statutory guidance about what schools must do to safeguard and promote the welfare of children and young people under the age of 18. The publication is called 'Keeping Children Safe in Education'. This year's updates include filtering and monitoring standards to keep children safe on-line.

Filtering systems: block access to harmful sites and content. Monitoring systems: identify when a user accesses or searches for certain types of harmful content on school devices (it doesn't stop someone accessing it). School is then alerted to any concerning content so we can intervene and respond.

Schools now need to:

- identify and assign roles and responsibilities to manage filtering and monitoring systems
- review filtering and monitoring provision at least annually
- block harmful and inappropriate content without unreasonably impacting teaching and learning
- have effective monitoring strategies in place that meet their safeguarding needs

At Kildwick CE Primary School, the person with responsibility for filtering and monitoring is Tim Whitehead. The Governor with responsibility for filtering and monitoring is John Perry. The monitoring and filtering system is Smoothwall. Smoothwall provides reports and daily email updates to let school know if there have been any searches for concerning content by anyone using our school lap tops and i-pads.

# Stars of the Week...



<b>Robins</b>	<i>Learning to Live — Matilda &amp; Evie</i> <i>Living to Love — Seth &amp; Joseph</i> <i>Loving to Learn — Florence &amp; Ferne</i>
<b>Swallows</b>	<i>Learning to Live — Aria</i> <i>Living to Love — Liyanna</i> <i>Loving to Learn — Hari</i>
<b>Kingfishers</b>	<i>Learning to Live — Ettie</i> <i>Living to Love — Ferne</i> <i>Loving to Learn — Alice</i>
<b>Owls</b>	<i>Learning to Live — Maya</i> <i>Living to Love — Oliver</i> <i>Loving to Learn — Ralph</i>
<b>Eagles</b>	<i>Learning to Live — Chloe</i> <i>Living to Love — Billy</i> <i>Loving to Learn — Isla</i>

## Extra Curricular Clubs Next

### Half Term

This half term and next half term are both five week terms. Generally we do not run clubs in the first and last week of half term, which means that the children have only had three weeks on current clubs. On this basis clubs running this half term will continue next half term.

Learning to Live

Living to Love

Loving to Learn

## Extra Curricular Clubs this week

Monday	<del>Taekwondo — KS2 and Year 2 children</del>
Tuesday	<del>Music &amp; Singing — KS2</del> <del>Construction Club — EYFS &amp; KS1</del>
Wednesday	<del>HIT with Heather — KS2</del>
Thursday	Kanga KS2 <del>Cookery EYFS / KS1</del>



A quick reminder that most clubs do not run in the first and last week of each half term.

The half term 'round up' of Spring 1 and the Curriculum Newsletter for Spring 2 will be sent out on Friday 9th February.



# Spring Term 2024

## Spring 1

### **Tuesday 6th February**

Safer internet day

### **Thursday 8th February**

KS2 Cross Country—Cliffe Castle 3:15pm

### **Thursday 8th February**

PTA Valentines Disco. KS1 3:30-4:30 (please collect between 4:30pm and 4:45pm) KS2 5-6pm

### **Friday 9th February**

Whole school Chinese New Year celebration—Chinese lunch available

### **Friday 9th February**

School finishes for half term break

### **Monday 19th February**

School reopens for Spring 2

## Spring 2

### **Thursday 22nd February**

Shrove Tuesday celebrations—donations of ingredients welcome.

### **Wednesday 28th February**

KS2 Cross Country - Marley 3:45pm

### **Friday 1st March**

SEND Parents and Carers Coffee and Cake 9am (location to be confirmed)

### **Friday 8th March**

The Secret Garden Theatrical Production (in school) for World Book Day

### **Friday 8th March**

Parent Forum in church—9am

### **Tuesday 12th March**

British Science Week—Zoo Visit to school.

### **Wednesday 13th March**

Easter Production—Kingfishers & Owls

### **Friday 15th March**

Robins and Swallows parents and carers invited in for Easter lunch

### **Friday 15th March**

Skipton Sports Trilogy—year 4, 5 & 6

### **Monday 18th March & Tuesday 19th March**

Parent consultations

### **Tuesday 19th March**

Eagles Crucial Crew trip

### **Thursday 21st March**

Hindu Temple Visit—Kingfishers & Owls

### **Thursday 21st March**

Rock Your Socks—World Down's Syndrome Day (wear your funkiest socks!)

### **Friday 22nd March**

Hindu Temple Visit—Eagles



# Half Term Clubs



## FEBRUARY HALF TERM CAMPS 2024

Awarded LTA UK Club of the Year | Reception - Age 12



FEB **MON 12** **TUES 13** **WED 14** **THUR 15** **FRI 16**

**DROP OFF**  
FROM 8.30AM  
FREE

**9.00AM - 3.30PM**  
TENNIS, FOOTBALL or MULTI-SPORTS  
£25/day

**3.30PM - 5.00PM**  
WIND DOWN MOVIE CLUB  
£5/day



SCAN TO BOOK



Club House | 5 Tennis Courts | Padel Court  
Grass Fields | 4G All-Weather Pitch | Sports Hall

BOOK YOUR PLACE ONLINE AT [skiptontennis.com](https://skiptontennis.com)

**SKIPTON**  
**TENNIS CENTRE**

07875 643780

info@skiptontennis.com

www.skiptontennis.com



# Half Term Clubs



## FEBRUARY HALF TERM HOLIDAY CAMPS

Skipton

MONDAY 12TH - WEDNESDAY  
14TH FEBRUARY

Keighley

THURSDAY 15TH - FRIDAY  
16TH FEBRUARY

10AM - 3PM

BOOK ONLINE

[WWW.SOCCERHUB.ORG.UK](http://WWW.SOCCERHUB.ORG.UK)

EARLY DROP AND  
LATE PICK UP NOW  
AVAILABLE, PLEASE  
SEE WEBSITE FOR  
MORE INFO

