



Kildwick Chronicle

Autumn Term 2024 Friday 27th September 24

Learning to Live

Living to Love

Loving to Learn

It has been great to start our parent visits into school this week, with Reception parents joining Robins class for to listen to some storying telling, a short phonic session and then time to play in the classroom. We also held an introduction to phonics session on Wednesday evening. Information shared at this session will be made available on the website for those parents and carers who were unable to attend.

We had a fantastic turnout to the South Craven cluster schools cross country event this week, with over thirty runners from Kildwick school. We are proud of them for giving it their best and we had some great results, with two children winning their race and nine in total going through to the area finals at Giggleswick which is now in February. If your child would like to take part in more races, then please see the information below about the Keighley and Craven Schools' cross country events coming up. Please let the school office know and they will add names to the list. The more the better!

Next week in school we will be celebrating Kindness week and raising awareness and money for the NSPCC. Please see further down this newsletter. A great example of Kindness from Oliver below. We love to hear about what the children are doing out of school please email the office if you would like us to celebrate your child's out of school achievements via the newsletter.

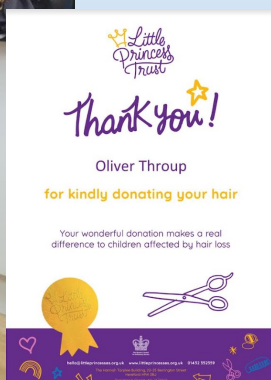
Have a great weekend and see you on Monday!

Living to Love

Well done to Oliver who donated 13 inches of hair to the Little Princess Trust who provide wigs for children who have experienced hair loss.

He was also sponsored to do this and raised over £530 to support the Little Princess Trust to make the wigs and help them to provide these to children free of charge.

We are very proud of you Oliver— what an amazing thing to do!



Keighley and Craven Cross Country Series 2024-25



Kildwick will be taking part in the Keighley and Craven Schools Cross Country events this year. The events are taking place on the following dates and at the following locations.

Wed 9th October —Cliffe Castle 3.15pm

Thurs 14th November —Highfield Recreation Ground 3.15pm

Weds 5th February—Cliffe Castle 3.15pm

Tues 11th March Marley Playing Fields 3.15pm

There will be 4 separate races:

Yr 5/6 Girls

Yr 5/6 Boys

Yr 3/4 Girls

Yr 3/4 Boys

Mr Whitehead will be giving each child that participates in any of these events a running T-shirt to commemorate the event (different to last year).

Virtual Library

Did you know that we have a virtual library at Kildwick CE School?

This can be found on the website [here](#). Please support and encourage your children to access it.

Also a quick reminder that your children are never too old to be read to! Bedtime stories are an important part of children's day and have a big impact on your child's development—emotionally and academically.



St Andrews Coffee Morning and Gift Day

Rev Mike has asked us to share that there will be a Gift Day and Coffee Morning the first week church is back open.

The coffee morning will run from 9am until 12 noon on Wed 9th Oct.

Further details can be found [here](#).



PTA Christmas Fair



We are already starting to think about the Christmas Fair! (Yes, it does seem like a long time off but it will soon be here!) We really need lots of help with this as it is one of the main fundraising events of the year. Please complete the Google Form sent out to let us know how you are able to help! As well as fundraising for the school we hope to create a lovely festive event for the children (and adults!)

It would be great to see parents of new children involved too.

Parent Governor Elections

The formal nominating process for the election of our parent governor vacancy has now closed. We have had one application for the role which means that they have been automatically elected onto the governing board. Further details will be sent out in due course. We will have a further vacancy in November, so if you were contemplating applying this time around but didn't and would like to have a chat about the role, please do get in touch.



Kildwick CE VC Primary School

Learning to Live - Living to Love - Loving to Learn

Governor Meetings and Updates

Governors will be meeting on the following dates:

09/10/24 - Curriculum Committee
19/11/24 - Finance Committee
04/12/24 - Full Governing Body

05/02/25 - Curriculum Committee
11/03/25 - Finance Committee
27/03/25 - Full Governing Body

30/04/25 - Curriculum Committee
13/05/25 - Finance Comm
19/06/25 - Full Governing Body
09/07/25 - Full Governing Body

The most recent Governing Board update can be found [here](#).



Kildwick CE VC Primary School

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Let's Talk Active!

Fill in the survey to tell us; if you are physically active, what is important to you about being active, and any barriers you face.

www.northyorks.gov.uk/LetsTalk

Or scan the QR code

Survey closes
4 November 2024



School Photographs

A polite reminder that payments need to be made for any school photographs you are keeping. If you do not intend to buy the photo's sent home please return them by Friday 4th October at the latest.

Any reprints required should also be ordered by Friday 4th October via [this form](#).

Meet the Team

There are a lot of adults working with and supporting your children in school. Some of them you will have less contact with than others. We will use this section of the Newsletter to help parents and carers get to know everyone. This should be particularly useful for parents who are new to the school!

My name is Mrs Swensson and I have worked at Kildwick for 4 years. I was previously known as Miss Meegan but got married at the start of this year. I have worked in the intervention team and I am now based in Swallows alongside Mrs Carpenter on a Monday, Tuesday and Wednesday. I've really enjoyed seeing all the children return to school and helping them settle back into the school routine. When I'm not in school I have three children who keep me really busy. When my eldest two aren't at school we like to explore local parks, national trusts, farms and sometimes soft plays. I have recently started running again and when I get the chance I like to go horse riding.

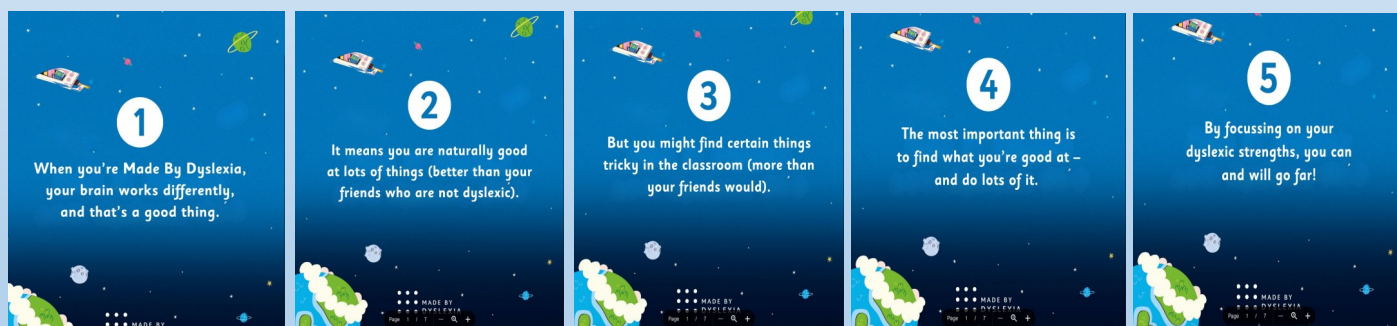


SEND @ Kildwick

Our school SENCo is Miss Akrigg. You can find information regarding SEND at Kildwick on the website [here](#).

It is important that everyone in our school community understands about SEND. Even if your child does not have Special Educational Needs they will be in class with children who do. We are an inclusive school and it is important that all members of our school community understand and value all children in our school.

Please always take the time to read this section of the newsletter.



We are not qualified to diagnose dyslexia in school but we do have a screening tool and we are working hard to be a dyslexia friendly school. Please speak to your child's class teacher or Miss Akrigg if you have any concerns or questions.



NSPCC Kindness Challenge

Next week in school we will be supporting the NSPCC Kindness challenge with various activities in school. The NSPCC website states that, 'whether pupils play a game with a new friend or help someone with homework, it all helps create a better world' and we couldn't agree more!

As part of this we would like to raise some money which will go towards helping to power Childline. You can make a voluntary donation to the NSPCC via parent pay. Schools and nurseries up and down the country will be spreading kindness in their school communities and we want to be a part of this. More information can be found [here](#).

Competition Time!

We would like as many children as possible to design posters to represent how our school follows the 'ready, respectful and safe' we're promoting around school. Children should keep in mind the link to 'Kindness'. There will be a prize for the winning entry. Please hand all entries to Class Teachers by Friday 4th October.



INTRODUCING CASHPOT FOR SCHOOLS

Download and opt-in with Asda Rewards and we will donate ££s to schools.

CASHPOT FOR SCHOOLS



With Parentkind

HERE'S HOW:

- 1 Download the Asda Rewards app and opt-in to Cashpot for Schools.
- 2 Choose your primary school.
- 3 Shop in-store across Asda & George, and scan your Asda Rewards app at the checkout.
- 4 Shop online? Simply log in to Asda.com using the same details as your Asda Rewards account.
- 5 We do the rest! We donate £1 to your chosen school every time you shop, so they can spend it on exactly what they need.

We have signed up for Asda Rewards Cashpot for Schools. This means that if you select us as your school, a percentage of your shop will be donated to us each time you shop with Asda and scan your rewards card between 2nd September and 30th November 2024.

This won't affect your own Cashpot but means money is raised for school to spend on the things that we need. Full details are available on Asda's website.

Asda Rewards Cashpot for Schools

[Cashpot for Schools Terms & Conditions](#) [Asda Rewards terms & Conditions](#)

1

Download and sign up to the Asda Rewards app

Opt into the Cashpot for Schools campaign and select a specific primary school or select 'Schools in Need'.

2

Shop in store across Asda and George, or online at Asda.com

Asda will donate a percentage of your shop to your chosen school each time you shop and scan.

3

Asda does the rest

The money raised will be donated through Parentkind to schools to spend on what they need most. This won't affect your own Cashpot earn.

Once opted in and selected a school, we will add £1 to your chosen schools Cashpot to help get them started.

Each school will get an additional £50 added to their Cashpot, after at least one customer has shopped and scanned their Rewards app.

Zones of Regulation Top Tips for Home!

Each week we share a 'tool' from the Zones of Regulation 'toolkit' in this section of the newsletter. These are strategies for children (and adults!) to use to help recognise and manage emotions.

See the first newsletter of this year for further information on the zones. You could try this at home—have a look at this week's tool. If you would like any further information you can contact Mrs Swales.

k.swales@kildwickce.uk



School Open Days for September 2025

Please pass on the details of our open day to friends and relatives who may be considering our school for next September.



Kildwick CE VC Primary School
2024 Open Days






If you have a child due to start Reception in 2025 why not come along to one of our open days!



Wednesday 13th November 2024 - 1:45pm
Friday 22nd November 2024 - 1:45pm

Please email with your number and your child's name if you would like to attend.

We look forward to seeing you there!



Email - office@kildwickce.uk

Telephone - 01535 633682

Polite Reminder

Children should not be bringing in toys and games from home unless arranged with their Class Teacher. This includes football cards. Staff are spending time sorting out upset between children and looking for lost items.

If children do bring these into school they will be taken off them and returned directly to parents and carers at the end of the school day.



Thank you for your support with this.



Kingfishers and Owls Forest School

Kingfishers and Owls class will be doing forest school on Friday 4th October.

Children will need to bring a change of shoes and a waterproof coat for this please.

Any donations of sticks and small pebbles/rocks would be much appreciated.

Thank you for your support.



Reception Stay, Play and Learn.

Thank you to those parents of Reception children who were able to join us this week. We hoped you enjoyed our story telling, phonics and playing in our classroom. We had a great time!



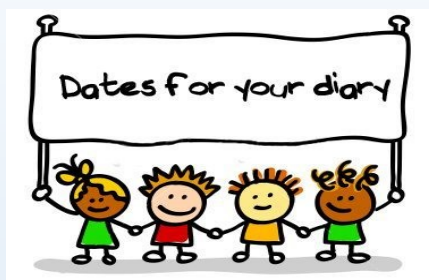
School Trips

Following feedback from parents and the current cost of living crisis, we have adopted a new approach for trips this year.

Once a trip has been booked by school, we will add this to ParentPay and assign the relevant children. This is to allow parents and carers to know what is upcoming across the year and pay in instalments if needed. We hope that this will allow more children to take part in trips, allow parents to budget for these and prevent too many communications from the school office chasing consent and payment.

Whilst the trips will be added to ParentPay so you have notice of cost, details of the individual trips will not be sent until closer to the time they are taking place.

Autumn Diary Dates



More dates will be added—please check back every week!

Wednesday 9th October - Robins and Swallow to Sandylands—wear PE kit

Wednesday 16th October—Year 6 Parent Session (2pm)

Friday 18th October—Harvest Festival in Church (2pm)

Thursday 24th October— Year 1 & 2 Parent Session (2pm)

Friday 25th October—break up for half term

Thursday 7th November—Year 4 Parent Session (2pm)

Friday 8th November—Year 3 Parent Session (2pm)

Friday 8th November - Kingfishers and Owls to Sandylands –wear PE kit

Monday 11th November—Robins and Swallows to Buddha Land (Keighley)

Monday 18th November—Key Stage 2 to Buddha Land (Keighley)

Friday 15th November—Children in Need

Thursday 21st November—Year 5 Parent Session (2pm)

Thursday 5th December - Robins and Swallows to Sandylands– wear PE kit

Friday 6th December —Non Uniform for Christmas Fair

Friday 13th December—Christmas Fair (after school)

Monday 16th December— Robins and Swallows Nativity in Church (2pm and 5pm)

Tuesday 17th December— Key Stage Two Carol Concert in Church (5:30pm)

Thursday 19th December—Christingle Service in Church (2pm)

Friday 20th December —break up for Christmas



Safeguarding—Something to think about.....



Kids & smartphones – what's the big deal?

When children first started getting smartphones a decade ago, there was no research about their impact. Now there is, and it's overwhelming.



HARMFUL CONTENT

Smartphones act as a gateway to pornography, violent and extreme content. Often kids don't seek them out but are exposed to them via algorithms and messaging apps. Once seen, these things can never be unseen. 90% of girls and 50% of boys say they're sent explicit content they didn't want to see.



ADDICTION

Tech companies intentionally make apps addictive, because the more time we spend, the more data they harvest, the more money they make. By leveraging dopamine circuits, they trigger brain responses akin to slot machine gambling. 1 in 4 young adults show signs of behavioural addiction to smartphones.



ACADEMIC DISTRACTION

The average teen receives 237 smartphone notifications a day – one every few minutes – making focusing on schoolwork hard. Studies show that excessive smartphone use has negative impacts on academic performance. Children at schools with effective smartphone bans get GCSE's 1-2 grades higher.



GROOMING

Sites like TikTok, Snapchat and Roblox are used by sexual predators to target children with their first smartphones, blackmailing them into sharing sexual content. Sextortion is now the fastest growing crime against teens. Since 2022, there has been a 66% rise in 'self generated' sexual abuse imagery of children under 10.



CYBERBULLYING

Disagreements between pupils used to stop at the school gate, now they follow kids wherever they go, 24/7. Young people who experience cyberbullying are twice as likely to attempt suicide and self-harm. One in six teens report being cyberbullied in the past month, according to the World Health Organisation.



MENTAL ILLNESS

Rates of depression, anxiety and suicide in young people have spiked globally since 2010, when children first began getting smartphones. The first generation to grow up with smartphones are now adults – data shows that the younger they got their first smartphone, the worse their mental health today.



OPPORTUNITY COST

Underpinning all these harms is one that is potentially the most significant of all. For the first time in human history, children are spending more time on devices than they are playing – an activity crucial to our healthy development. Smartphones are experience blockers, distracting children from engaging in the real world. The average UK 12-year-old now spends 29 hours a week – equivalent to a part-time job – on their smartphone. This leaves little time for the real world activities and relationships that enable us to learn the essential life skills we need to transition into adulthood. The average daily time that teens spend with friends has plummeted by 65% since 2010.

Join the grassroots parents movement to protect childhood from Big Tech

www.smartphonefreechildhood.co.uk/join

For all links to stats references see www.smartphonefreechildhood.co.uk/the-problem

Smartphone Free Childhood (SFC) is a group of over 150,000 parents who believe delaying the introduction of smartphones will dramatically improve mental health among children and teens. The movement, which sprang up in the UK in February 2024, has triggered a national conversation about the age at which we give children smartphones.

Technology presents many incredible benefits and opportunities, but how best do we navigate it at this critical stage of pre-teen development? We know this can be a controversial subject and there is no definitive answer – every parent wants to do what's best for their child.

Ultimately, it remains a personal decision for each family and household. However, there is now research showing a clear link between the age a child receives their first smartphone and mental health issues in young adulthood. The harms from excessive smartphone use, as we know, are wide-ranging – from reduced self-esteem to disrupted learning, bullying, grooming and addiction – as well as the huge opportunity cost, the things children and teens are not doing because they are on their devices.

If you are interest in supporting our involvement in the Smartphone Free Childhood group please contact Mr. Whitehead via the school office.



Kildwick CE VC Primary School

Learning to Live - Living to Love - Loving to Learn

This week certificates have been awarded to:

Robins	Learning to Live — Arthur C & Arthur C Living to Love — Isaac & Violet Loving to learn— Billy & Thomas
Swallows	Learning to Live — Noah & Luna Living to Love — Iona Loving to Learn — Annabelle
Kingfishers	Learning to Live — Isla B Living to Love — Hari Loving to Learn — Tommy
Owls	Learning to Live— Ivy Living to Love — Archie C Loving to Learn — Ettienne
Eagles	Learning to Live— Matteo Living to Love — Austin Loving to Learn — Georgia

PE Days

Please send children in PE kits on the following days.

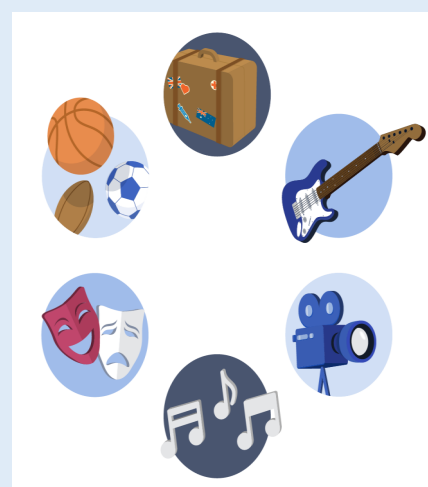
Robins – Wednesday
 Swallows – Wednesday
 Kingfishers – Wednesday and Friday
 Owls – Friday
 (Swimming also on Mondays—bring Swimming kit)
 Eagles – Thursday
 (Please also bring wellies Monday for gardening)



Extra Curricular Clubs next week

A quick reminder that most clubs do not run in the first and last week of each half term. Please keep an eye here to see which clubs are running each week.

Monday	KS1 Games with Heather KS2 Running with Mr Whitehead (starts in school time and finishes at 4pm)
Tuesday	KS2 Music with Mr Schofield
Wednesday	KS1 Construction with Miss Taylor KS2 Taekwondo (finishes at 4.15pm)
Thursday	KS1 and Class 3 Dance with Firehouse Dance
Friday	KS2 Gymnastics with Ambitions (finishes at 4.20pm)



The half term 'round up' of Autumn 1 and the curriculum letter for Autumn 2 will be sent on Friday 25th October.

Community Events & Groups

Invitation from St Andrew's Kildwick



We are delighted to invite you to celebrate the Grand Reopening Service of the Grade I listed, St Andrew's Church Kildwick.

Sunday 6th October 2024 at 10.00am.

This is following major work on the roof, which has meant the church has been closed for 3 months, and the removal of much of the unsightly netting that was installed under the roof for safety.

The service will take place in church and be led by the Bishop of Bradford, the Right Reverend Dr Toby Howarth. The service will be followed by tea and cakes in the Church.

Please RSVP:

RevMike@thevicarage.uk

the gateway
Skipton
culture

Events in 2024*

There's no shortage of events taking place in Skipton throughout the year.

Community Fun Day	5th May
Sandylands	
Skipton Beer Festival	23rd - 25th May
Skipton Town Hall	
Skipton Car Show	2nd June
High Street	
80th Anniversary of D-Day	6th June
Various locations	
Skipton Gala	8th June
High Street	
Skipton Sheep Day	30th June
Various locations	
Family Park Days	23rd Jul-29th Aug
Various locations	
Yorkshire Day Celebrations	1st Aug
High Street	
Yorkshire Regional Final for Young Traders	4th Aug
High Street	
Art in the Pen	17th & 18th Aug
Auction Mart	
Yarndale	28th & 29th Sept
Auction Mart	
Vintage Bus Sunday	13th Oct
Coach Street Car Park	
Remembrance Sunday	10th Nov
High Street	
Crafts in the Pen	16th & 17th Nov
Auction Mart	
Halloween Family Fun event	TBC
Santa Fun Run	24th Nov
Skipton Christmas Light Switch On	24th Nov
High Street	
Christmas Town Trail	TBC
Skipton Christmas Markets	1st & 8th Dec
High Street	

For event information visit welcometoskipton.com

KEIGHLEY DRUM CENTRE

friendly and professional drum lessons from the heart of Keighley

Whether you're looking to complete graded exams, be in a band, or simply want a fun hobby, we want to help you achieve your goals.

(...) an excellent instructor and has an fantastic understanding of my son and his extra needs - Max's mum

She comes out beaming with pride every lesson, and her confidence in her abilities is really growing. - Essie's mum

Google reviews



Now offering a free trial + a special 'buy 3 get 6' lessons for new students!

Reach out to get your free trial booked in:
keighleydrumcentre@gmail.com

Address
Chesham St, Keighley BD21 4LG, UK

keighleydrumcentre.com

Community Events & Groups

THE BUZZ
NEW
OPENING
HOURS

YOUTH CLUB

ALTERNATE SATURDAYS
10.30AM - 12.30PM
EVERY WEDNESDAY
3.30PM - 6PM

 THE HIVE

THE BUZZ YOUTH CLUB



Come on down. We are
OPEN
WEDNESDAYS
3.30PM - 6PM

 THE HIVE

8 - 12 year olds
Pool table, table tennis,
games, music, Arts and
crafts and much more

FREE ENTRY
Tuck shop open
Drinks, crisps and sweets
All items 50p

THE BUZZ
YOUTH CLUB
The Hive
Silsden

**NERF
BATTLE**

SATURDAY 28TH SEPTEMBER
10:30AM - 12:30PM
FREE ENTRY
8 - 12 YEAR OLDS

Register your
child today!



PLUS
POOL TABLE,
TABLE TENNIS,
GAMES, MUSIC, ARTS
AND CRAFTS
AND MUCH MORE

Follow us on
Facebook for all
the latest news!



Family Support

GAMING AND GAMBLING AWARENESS AND INFORMATION SESSIONS FOR PARENTS, CARERS AND GUARDIANS



Ygam are offering an information session to help develop your understanding of gaming and gambling harms, enabling you to have open conversations with your children.

Workshop overview:

- Gambling: exploring the influences on children and young people
- Gaming: discussing the benefits and concerns
- The blurred lines between gaming and gambling
- How to spot the signs of harm
- Useful tips to create a healthy gaming balance
- Where to get help and support

We also have a dedicated Parent Hub which aims to provide information and guidance to help you safeguard your children against the potential harms of gaming and gambling. Find out more here: parents.ygam.org

WHAT
MIGHT INFLUENCE
A YOUNG PERSON
TO GAMBLE?

WHAT IS
A LOOT
BOX?

WHY ARE
IN-GAME ITEMS
SO IMPORTANT
TO YOUNG
PEOPLE?

Book your **FREE** place now!

DATE: Wednesday 2nd October 2024

TIME: 17:30-18:45

VENUE: Sutton In Craven CP School

To register, please scan the QR Code or follow this link: [Parent Awareness registration link](#)



Community Sporting Activities

ROCK SKILLS COURSES



Rock Skills courses were developed by the national governing body, Mountain Training, to encourage a pathway to climbing qualifications and a range of skills courses accessible to the younger generations. Each course is tailored to the needs of the group and offers amazing ratios and venues to inspire climbing further as a hobby.

Ilkley Cow & Calf - Rock Skills Introduction
30th (10-17 years old) or 31st (14-Adults) October
£75.00 per person

ROCK SKILLS INTRODUCTION

- 10+ YEARS OLD
- NO SKILLS REQUIRED
- KEEN TO LEARN CLIMBING

- CHILDCARE VOUCHERS
- INDOOR CLIMBERS WELCOME
- QUALIFIED INSTRUCTORS
- 1:6 RATIOS



Book online or contact us via email



WWW.MYEXPEDITIONROCKS.COM

INFO@MYEXPEDITIONROCKS.COM



Autumn Sessions Starting Thursday's
5-September thro 10-October 2024

New Starters / Beginners: 17.00 – 17.45

Intermediates: 17.45 – 18.30

Advanced: 18.30 – 19.30

Sign up on Skipton Cycling Club Website

WWW.SKIPTON.CC

Fun Professional Cycling Coaching
AIREVILLE PARK SKIPTON



New Starters:
Children should be able to 'scoot & balance' without stabilisers.

ROCK CLIMBING CLUB



Since 2021, we've been teaching young people how to become independent climbers. From **knot tying** to **belaying**, **bouldering** to **lead climbing** we progress through the essential skills both Indoor and Out.

April-October our sessions enjoy the great outdoors and in winter we head indoors.

Novices: Wednesday 16:00 - 18.30, Ilkley/Bradford

Saturday - 13:30-16:30, Ilkley/Bradford

Advanced: Saturday - 9:30-12:30, Ilkley/Bradford

Ilkley is OFSTED registered for Childcare Vouchers

"THE CLIMBING SESSIONS NOT ONLY HELP WITH PHYSICAL DEVELOPMENT BUT ALSO ARE BRILLIANT FOR BUILDING CONFIDENCE."



£27.50 per session



Book online or contact us via email



WWW.MYEXPEDITIONROCKS.COM

INFO@MYEXPEDITIONROCKS.COM

October Holiday Clubs



Wild Explorers
Where nature, fun and adventure collide!
A child-led, fun and nurturing holiday club set in beautiful woodland on the Broughton Estate.

We are an OFSTED registered outdoor holiday club where children can play, enjoy a campfire, woodland crafts, tools and much more!



Price
£35 per child per day
Childcare vouchers accepted

Age
Reception - Age 13

October Half Term Holiday Club
23rd - 25th October &
28th October - 1st November
Birthday parties also available year round email us for more info



Time
9.30am - 3.30pm

Location
Broughton Hall Estate



 hello@wildexplorers.org.uk  www.wildexplorers.org.uk

HOLIDAY ROCK CLIMBING



Our holiday climbing sessions are an ideal way for kids to get out and enjoy the great outdoors during the holidays. With activities including climbing, abseiling and weaselling, it is an action-packed day.

Just a packed lunch and old clothes for climbing, scrambling, crawling and squirming amongst the rocks and we'll provide the rest.

£52.50, or £97.50 for siblings (7-16 years old)


Ilkley Cow & Calf: 28th, 29th & 1st November, 10:00am-4:00pm

Brimham Rocks: 30th & 31st October, 10:00am-4:00pm

Childcare Vouchers accepted for Ilkley, Brimham coming soon!



Book online or contact us via email

 WWW.MYEXPEDITIONROCKS.COM  INFO@MYEXPEDITIONROCKS.COM

