

Kildwick Church of England Primary School

Priest Bank Road, Kildwick, BD20 9BH

Tel:01535 633682

www.kildwickceschool.org



Newsletter

Dear Parents/Carers,

16th April 2021

Welcome back to school for the penultimate half term of the school year. We are hopeful that things are heading in the right direction and that the roadmap out of lockdown stays on track. By now lots of us will have received our first vaccination but it is still vitally important that we stick to the national guidelines and our own school risk assessment in terms of social distancing during drop off and collection. I have included the government's roadmap lower down the newsletter.

The children and staff have started the new term with revitalised energy and it has been great to see them working hard, playing hard and simply enjoying being back together. I know that before Easter, there were some very tired children that found the return to school quite a shock! You may have spotted some groups of children running or walking around the Rec or along the canal. This is part of our daily activity challenge in which we are logging our miles collectively. We have some very determined children and I think we may have to extend our challenge to get to John O 'Groats. There has been some talk of arriving at Tokyo before the rescheduled Olympics are due to start on the 23rd July, incidentally the day we break up for summer.

As you all know, I am immensely proud of our curriculum here at Kildwick. Our extra-curricular provision has once again started and we are offering the following clubs: Kanga sports (EYFS / KS1 / KS2), Art club (EYFS / KS1 / KS2), Running club (KS2), gardening club (KS2) and Cooking club (EYFS / KS1). I was privileged to take the Y3,4,5 running club out on Wednesday and they amazed me. We managed to run 3.6 miles up onto the moor and back. We had two first time runners at the club who showed real determination. They said that they would be back!

School day visits are once again allowed and as a result class teachers are busy organising these. Further details will follow over the coming weeks. I will also be arranging some outdoor and adventurous day activities over the coming term. The idea that 'could a Y6 residential be possible?' has been whispered in my ear and I have made some tentative enquiries. The DfE have yet to release further guidance on how this could operate but I will write to Y6 parents gauging their interest / support next week.

Have a great weekend

Mr Whitehead
Headteacher

16th April 2021



Positive Covid Test


If you receive a positive Covid test out of school hours please email the Headteacher ASAP.

headteacher@kildwickce.uk

Thanks

Birthdays

Ben, C3
George S, C1



Thanks to Mr Lewis and some local parents and members of the community for helping out in the Peggy's Garden area on a weekend. It is looking great. If you would like to join in, he is there on a Saturday between 2pm - 4pm. Every little bit helps.

No Dogs Allowed



Please be aware that we have children in school with severe allergies to dogs. Can all parents ensure that any family members collecting or dropping off at school are made aware of this asap. Many thanks



THANK YOU!

Kanga Multi sports club KS2 **Commencing Monday 19th April**

This will run for the children that had previously signed up for the club so they can complete the sessions paid for (5 weeks). Sessions will be open for further bookings after May Spring bank holiday.

Kanga Multi sports club KS1 **Commencing Tuesday 20th April**

This will run for the children that had previously signed up for the club so they can complete the sessions paid for (5 weeks). Sessions will be open for further bookings after May Spring bank holiday.

Cookery Club



Commencing Thursday 22nd April
3.30-4.30pm
EYFS/KS1

Please sign up on Parent pay.
5 sessions in total, £3 per session.
(spaces are limited)



Art Club

Commencing Tuesday 13th April
3.30pm - 4.30pm
EYFS/KS1 & KS2.

Please sign up on Parent pay.
6 sessions in total, £3 per session.
(spaces are limited)

Running Club

Commencing Wednesday 14th April as follows:

14th April - Class 3 & 4
21st April - Class 5
28th April - Class 3 & 4
5th May - Class 5
12th May - Class 3 & 4
19th May - Class 5
26th May - Class 3 & 4



Please sign up on Parent Pay, £5 per child

Gardening Club

Commencing Thursday 22nd April
3.30-4.30pm
KS2

Please sign up on Parent pay.
5 sessions in total, £3 per session.
(spaces are limited)





WINDSOR CASTLE

8th April 2021

Dear Mrs. Dowgill and Emmaie,

The Queen wishes me to write and thank you for your letter and the splendid handknitted hearts you sent as gifts for Her Majesty and The Duke of Edinburgh

The Queen was encouraged to hear you have been creating and distributing these hearts to hospital patients and their families separated by the current situation, and is most touched by your kind thought for Her Majesty and His Royal Highness.

I am to thank you both, once again, for your thoughtfulness in taking the time to write as you did and hope you are keeping safe and well.

Yours sincerely,

Susan Hussey.

Lady-in-Waiting

Mrs S Dowgill and Miss Emmie Dowgill

Adult Outdoor Circuits Classes



Ten days of outdoor circuits: DONE!

It was ten days of fun, chat, making new friends and reconnecting with others. Ten days of discovering muscles we never knew existed, of friendly hellos from passers by on the canal and of unexpectedly good weather between the hours of 9 and 10am ☀

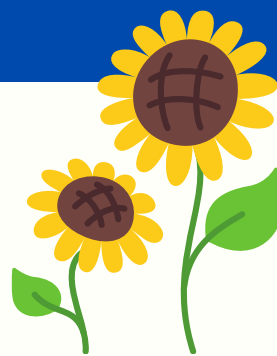
**THANK YOU to every one of you who showed up with bucket loads of enthusiasm, open minds and like-minded commitment to do something positive for this fantastic community. You have raised an incredible £120 for the community garden in the Peggy Wilson Field.
Awesome effort!!**

To keep the momentum going, look out for the signed bin at Coffee and Crumbs for your empty cups (not lids). These will be collected and reused for planting seeds in the community garden. Thank you!

**Best wishes
Heather**

Sunflower Competition

All funds raised go towards our Defib Fund.
Please make your payments via ParentPay



This term we are doing a competition to see who can grow the tallest sunflower. It is one pound to enter and all the money we raise will go towards the defibrillator.

We will announce the prize this week or next week in assembly.

One pound is one sunflower but if you pay two pounds you get to enter two sunflowers. You can not enter more than ~~two~~ four sunflowers.

It won't be for judged until the end of the summer term because it takes approximately 4 months to grow.



Orla Lewis
Isla Barton



Roadmap out of Lockdown

Step 1 Changes on 29 March

Social contact

The evidence shows that it is safer for people to meet outdoors rather than indoors. And this is why from 29 March, when most schools start to break up for the Easter holidays, outdoor gatherings (including in private gardens) of either 6 people (the Rule of 6) or 2 households will also be allowed, making it easier for friends and families to meet outside.

Business and activities

Outdoor sports facilities such as tennis and basketball courts, and open-air swimming pools, will also be allowed to reopen, and people will be able to take part in formally organised outdoor sports.

Travel

The 'stay at home' rule will end on 29 March but many restrictions will remain in place. People should continue to work from home where they can and minimise the number of journeys they make where possible, avoiding travel at the busiest times and routes. Travel abroad will continue to be prohibited, other than for a small number of permitted reasons. Holidays abroad will not be allowed, given it will remain important to manage the risk of imported variants and protect the vaccination programme. The government has launched a new taskforce to review global travel which will report on 12 April.

Step 2 - not before 12 April

Business and activities

Step 2, which will be no earlier than 12 April, will see the opening of non-essential retail; personal care premises such as hairdressers and nail salons; and public buildings, including libraries and community centres. Indoor leisure facilities such as gyms will also reopen (but only for use by people on their own or in household groups); as will most outdoor attractions and settings including outdoor hospitality venues, zoos, theme parks, and drive-in cinemas. Self-contained accommodation such as campsites and holiday lets, where indoor facilities are not shared with other households, can also reopen.

Hospitality venues will be allowed to serve people outdoors at Step 2 and there will be no need for customers to order a substantial meal with alcoholic drinks and no curfew, although customers must order, eat and drink while seated ('table service'). Wider social contact rules will apply in all these settings to prevent indoor mixing between different households.

Events

While funerals can continue with up to 30 mourners, the number of people able to attend weddings, receptions and commemorative events such as wakes will rise to 15.

Step 3 - not before 17 May

Social contact

As part of Step 3, no earlier than 17 May, the government will look to continue easing limits on seeing friends and family wherever possible, allowing people to decide on the appropriate level of risk for their circumstances.

This means that most legal restrictions on meeting others outdoors will be lifted - although gatherings of over 30 people will remain illegal. Indoors, the Rule of 6 or 2 households will apply - we will keep under review whether it is safe to increase this.

As soon as possible and by no later than Step 3, we will also update the advice on [social distancing](#) with seeing friends and family, including hugging. But until this point, people should continue to keep their distance from anyone not in their household or support bubble.

Business and activities

Most businesses in all but the highest risk sectors will be able to reopen. In all sectors, COVID-Secure guidance will remain in place and businesses may not cater for groups bigger than the legal limits. Indoor hospitality will reopen - and as in Step 2, venues will not have to serve a substantial meal with alcoholic drinks; nor will there be a curfew. Customers will, however, have to order, eat and drink while seated.

Other indoor locations to open up in Step 3 include indoor entertainment venues such as cinemas and children's play areas; the rest of the accommodation sector, including hotels, hostels and B&Bs; and indoor adult group sports and exercise classes. The government will also allow some larger performances and sporting events in indoor venues with a capacity of 1,000 people or half-full (whichever is a lower number), and in outdoor venues with a capacity of 4,000 people or half-full (whichever is a lower number). In the largest outdoor seated venues, where crowds can be spread out, up to 10,000 people will be able to attend (or a quarter-full, whichever is lower).

Events

Up to 30 people will be able to attend weddings, receptions and wakes, as well as funerals. This limit will also apply to other types of significant life events including bar mitzvahs and christenings.

Review of social distancing

Finally, before Step 4 begins, the government will complete a review of social distancing and other long-term measures that have been put in place to cut transmission. This will inform decisions on the timing and circumstances under which the rules on 1 metre plus, the wearing of face coverings and other measures may be lifted. This will also inform guidance on working from home - which should continue wherever possible until this review is complete.

Step 4 - not before 21 June

Social contact

By Step 4 which will take place no earlier than 21 June, the government hopes to be in a position to remove all legal limits on social contact.

Business, activities and events

We hope to reopen remaining premises, including nightclubs, and ease the restrictions on large events and performances that apply in Step 3. This will be subject to the results of a scientific Events Research Programme to test the outcome of certain pilot events through the spring and summer, where we will trial the use of testing and other techniques to cut the risk of infection. The same Events Research Programme will guide decisions on whether all limits can be removed on weddings and other life events.

As we move through each of these phases in the roadmap, we must all remember that COVID-19 remains a part of our lives. We are going to have to keep living our lives differently to keep ourselves and others safe. We must carry on with 'hands, face, space'. Comply with the COVID-Secure measures that remain in place. Meet outdoors when we can and keep letting fresh air in. Get tested when needed. Get vaccinated when offered. If we all continue to play our part, we will be that bit closer to a future that is more familiar.



Class Awards

Class 1 – Robins

RYAN
IVY

ZAK
ROSIE

FAYE
FINLAY



Class 2 – Swallows

MATHEO

AUSTIN
MAYA

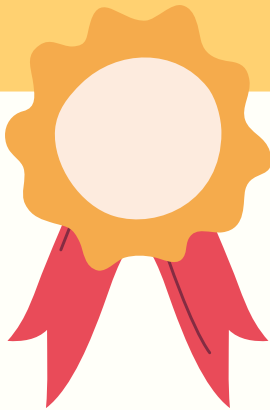
ISLA

Class 3 – Kingfishers

ELSIE

BILLY

EUAN



Class 4 – Owls

LOUIE

LOTTIE

IMOGEN

Class 5 – Eagles

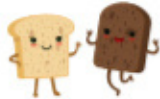
ROMILLY

ZACHARY

ANGUS



Bread served with every meal



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If your child has an allergy or special dietary requirements, please inform the school and our catering team so we can discuss their needs.

Please note, we are unable to guarantee a completely food allergen free environment as foods containing allergens are used in our kitchens.

All main meals are served with vegetables or salad.

Our menus comply with Government School Food Standards.

North Yorkshire education services

WEEK 1

Served w/c 12th April, 3rd & 24th May, 21st June, 12th July

- ✓ Cheese & Tomato Pizza with Diced Potatoes
- ✓ Vegetable Chilli, Rice & Pita Bread

Peaches & Ice Cream
Fresh Fruit or Fruit Yoghurt

- Tuna & Sweetcorn Pasta Bake
- ✓ Vegetable Sausages & New Potatoes

Fresh Fruit or Fruit Yoghurt

Pork & Apple Plait with Gravy and 1/2 Jacket Potato

- ✓ Bean & Vegetable Cobbler with 1/2 Jacket Potato

Cheese & Crackers with Apple
Fresh Fruit or Fruit Yoghurt

- Beef Lasagne
- ✓ Quesadilla (Cheese, Onion & Potato Crispy Tortilla Wrap)

Fruity Gingerbread & Custard
Fresh Fruit or Fruit Yoghurt

- Harry Ramsdens Battered Fish and Chipped Potatoes
- ✓ Roast Veg Quiche with Chipped Potatoes

Date & Oat Squares
Fresh Fruit or Fruit Yoghurt

WEEK 2

Served w/c 19th April, 10th May, 7th & 28th June, 19th July

- Minced Beef Enchiladas
- ✓ Vegetable Cottage Pie

Fresh Fruit or Fruit Yoghurt

- ✓ Sweet Lentil & Veg Curry & Rice
- ✓ Cauliflower Macaroni Cheese

Chocolate Crunch with 1/4 Orange
Fresh Fruit or Fruit Yoghurt

Roast Chicken with Sage & Onion Stuffing & Gravy with Creamy Mashed Potatoes

- ✓ Country Vegetable Bake with Creamy Mashed Potatoes

Fresh Fruit or Fruit Yoghurt

- Pork Meatballs in Tomato Sauce & Pasta
- ✓ Vegetable (No Sausage) Roll with Chipped Potatoes

Raspberry Bun & Cheese
Fresh Fruit or Fruit Yoghurt

- Crunchy Breaded Fish and Potato Wedges
- ✓ Cheese & Tomato Pasta

Marble Berry Sponge & Chocolate Sauce
Fresh Fruit or Fruit Yoghurt

WEEK 3

Served w/c 26th April, 17th May, 14th June, 5th July

- Chicken Korma & Rice
- ✓ Potato, Spinach & Leek Bake

Fresh Fruit or Fruit Yoghurt

- Sausages & Onion Gravy
- ✓ Vegetable Lasagne

Crunchy Apple Crumble with Ice Cream
Fresh Fruit or Fruit Yoghurt

Minced Beef & Yorkshire Pudding with Roast Potatoes & Gravy

- ✓ Baked Mexican Wrap with Roast Potatoes

Fresh Fruit or Fruit Yoghurt

- Creamy Chicken & Broccoli Pasta
- ✓ Cheesy Vegetable Pie with 1/2 Jacket Potato

Krispie Cereal Bar
Fresh Fruit or Fruit Yoghurt

- Fish Fingers and Chipped Potatoes
- ✓ Veggie Burger in a Bun with Chipped Potatoes

Banana Brownie
Fresh Fruit or Fruit Yoghurt



This recognises that:

- Our Menus are designed to make the best use of Seasonal Ingredients
- Our Eggs are always Free Range Eggs
- We serve more of the good stuff - our meals are free from undesirable additives, colouring and sweeteners



Larger schools offer a range of deli style options all available with a range of delicious fillings:

Jacket potatoes
Sandwiches
Salads

✓ - Vegetarian. All main meals are served with vegetables or salad.

North Yorkshire County Council

To find out more information about food/menus/recipes please contact our Technical Support Team:
Email: facilitiesmanagement@northyorks.gov.uk Telephone: (01609) 535324 Website: www.northyorks.gov.uk/schoolmeals
Very occasionally, due to circumstances beyond our control, it may be necessary to change from the menu.

Upcoming events

Check with your school to see what's on offer this term.



Earth Day



22nd April 2021

Celebrating Food with a Low Carbon Footprint to help protect Earth.

Social Media Competition



April 2021

Design your own School Main Meal

April Winners will get their meal published on the Primary Menu for Autumn/Winter 2021!

20th May 2021 Fakeaway Day

Try something new and exciting with us on Fakeaway Day!



Bake Off Social Media Competition



June 2021

Who will be this year's Star Baker?

Needs to be a sweet treat containing fruits or vegetables. Local Small Business Baker Tor from Tor Bakes Cakes will be judging!

Sports Day



Go for gold with our winning dishes!

Seaside Special



15th July 2021 - No catch to delicious and good quality food! Reminding us of a classic English seaside day out!

A Royal Celebration!



11th June 2021

Royally celebrate tasty food and good company, set to be the most Royal affair of the year!

Yorkshire Rose Social Media Activity



Send us your Yorkshire Roses, drawn or created it's up to you!

Lemon Drizzle Scones

(Makes 12 Large)



For the Base 300g Self-Raising Flour, 300g Wholemeal Self-Raising Flour, 2 tsp Baking Powder, 150g Marg, 150g Sugar, 2 Lemons - zested, 300ml Semi-Skimmed Milk, 60g Sultanas

For the drizzle - 100g Icing Sugar, Lemon juice from one of the lemons.

Method

1. Pre-heat the oven to 180C/ Gas mark 4.
2. Place the flour, baking powder and marg into a bowl & rub together until the mix resembles breadcrumbs.
3. Mix in the sugar, sultanas and the lemon zest.
4. Gradually add the milk, until it forms a smooth dough.
5. Tip on to a floured surface and knead for 1-2 mins. Roll out to the required thickness (about 1 1/2 to 2cm).
6. Then with a pastry cutter stamp out the circles and place on a greased baking tray. Bake for 15 mins or until golden, cool on a wire rack.
7. Make the lemon drizzle icing by placing the lemon juice in a bowl with 2 tsp of the icing sugar - then dip the top of each scone into the mixture.
8. Next mix in the remaining icing sugar, and drizzle over each scone.

Fibre is an Important Nutrient

It's important to get fibre from a variety of sources, as eating too much of one type of food doesn't provide you with a healthy, balanced diet. Fibre also makes us feel fuller, can help digestion, and prevent constipation.



Plus there are lots of tasty foods that are high in fibre!

To find out more please visit **NHS Live Well, Eat Well** to find out more about a healthy and balanced diet.

HELP RAISE

MONEY FOR A DEFIBRILLATOR



One penny
could help
someones
life!

The defibrillator
will be put up
outside Kildrinch
school if you
want to use it.

YOU MIGHT
NEED TO USE
IT!

Don't JUST
STAND THERE,
PUT SOME MONEY
IN THE POT!

All money They cost
you put in. £800 -
this year will £2500.
go to a defib.
(Put some money
in, you know you
want to)

Defibrillators are devices
that restore a normal
heartbeat by sending
an electric pulse or
shock to the heart. It
can also restore the
heart's beating if the
heart suddenly stops.