

Kildwick Church of England Primary School

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Newsletter

23rd April 2021

Dear Parents/Carers,

It has been a wonderful week of learning in school and this has been greatly helped by the weather. All classes have been able to get onto the field for playtimes and also into the garden and grow area for learning and planting. Our next 'defib' fundraising initiative is underway, and all children have planted a sunflower seed, I wonder whose will be the tallest? I have included an update from Mr Lewis further down in the newsletter. The garden area is definitely coming to life...move over Monty Don!

The daily activity challenge is going well and I have been persuaded to invest in an App called yourtrak which records time and distance walked or run and makes daily exercise fun and rewarding. It encourages team work as individual classes and the school itself go on educational journeys throughout Europe and the World. There is also a parent app that gives access to your child's dashboard so you can see their achievements. We will begin using it in school and then let you know the details for downloading the app.

School swimming is set to continue at the end of May and it will be Class 3 (Kingfishers) that will be going this term. As you know, it has been our intention for Y1 - Y5 to attend throughout the year but this will not be possible this year. We anticipate the new swimming cycle will begin again in September.

As you can tell, from the above two paragraphs, getting outside and increasing our heart rate, is one of our school priorities. There are so many physical and mental benefits to exercise and it is important that we set these habits and patterns within our children now as they will have lasting benefits in their later lives!

Thank you to everyone for sticking to the school risk assessment in terms of social distancing at drop off and collection. We are hopeful that things are heading in the right direction and that the roadmap out of lockdown stays on track.

Have a great weekend
Mr Whitehead

23rd April 2021



Positive Covid Test

If you receive a positive Covid test out of school hours please email the Headteacher ASAP.

headteacher@kildwickce.uk

Thanks

Birthdays

Ben, C4

Use of Peggy Wilson Field after school

The PWPF is a wonderful resource for the community to use. Parents are free to use the area before or after school. Please be mindful that after school there may be clubs going on. Please do not let children leave the field unsupervised as vehicles do come up and down at speed.

Thank you.

Wildlife Garden at the Peggy Wilson Field

The School garden at the Peggy Wilson field is taking off! The school children have set up a sunflower growing competition, the Gardening Club planted two rows of potatoes this week, and the strawberry plants are a match for any allotment this side of Thurrock. A few weeks ago, Mr Whitehead scored an essential brace of water butt from his neighbour and Mr Horton won the School's coveted Merit of the Muck award for his spirited and selfless acquisition of manure.

Many thanks to the volunteers who have turned out on a Saturday afternoon to plant, weed, and fill the water butts. And further thanks to those who have contributed compost and seeds: I didn't think we could get the place ready for planting quite so quickly. Also, huge thanks to Danny and Jon at Coffee and Crumb who have gone to lengths to save nearly 200 used paper coffee cups for us (for plant pots) and several bucketfuls of coffee grounds for compost and mulching.

I will be at the garden from 2.00-4.00 each Saturday throughout May if you'd like to come down: it would be lovely to say hello and any tips or expertise would be welcome. And if you have any spare seeds, plants or cuttings, we'll gladly grow them on.

The plan is to meet up, support the School and get the garden bursting into bloom.

Paul Lewis 22/04/2022



After School Activity Club Schedule April & May 2021

*please note the change in start/finish times to Kanga Club and change in Running Club class schedule

Day	Date
Monday	26th April
Tuesday	27th April
Wednesday	28th April
Thursday	29th April

Activity Club	Time
Kanga Club - KS2	3.20 - 4.20
Kanga Club - KS1	3.20 - 4.20
Running Club - Class 3 & 4	3.30 - 4.30
Cookery Club - KS1	3.30 - 4.30

Activity Club	Time
Art Club - EYFS/KS1/KS2	3.30 - 4.30
Gardening Club - KS2	3.30 - 4.30

Monday	3rd May
Tuesday	4th May
Wednesday	5th May
Thursday	6th May

Bank Holiday - School Closed	
Kanga Club - KS1	3.20 - 4.20
Running Club - Class 5	3.30 - 4.30
Cookery Club - KS1	3.30 - 4.30

Art Club - EYFS/KS1/KS2	3.30 - 4.30
Gardening Club - KS2	3.30 - 4.30

Monday	10th May
Tuesday	11th May
Wednesday	12th May
Thursday	13th May

Kanga Club - KS2	3.20 - 4.20
Kanga Club - KS1	3.20 - 4.20
Running Club - Class 3 & 4	3.30 - 4.30
Cookery Club - KS1	3.30 - 4.30

Art Club - EYFS/KS1/KS2	3.30 - 4.30
Gardening Club - KS2	3.30 - 4.30

Monday	17th May
Tuesday	18th May
Wednesday	19th May
Thursday	20th May

Kanga Club - KS2	3.20 - 4.20
Kanga Club - KS1	3.20 - 4.20
Running Club - Class 3 & 4	3.30 - 4.30
Cookery Club - KS1	3.30 - 4.30

Art Club - EYFS/KS1/KS2	3.30 - 4.30
Gardening Club - KS2	3.30 - 4.30

Monday	24th May
Tuesday	25th May
Wednesday	26th May
Thursday	27th May
Friday	28th May

Kanga Club - KS2	3.20 - 4.20
Running Club - Class 5	3.30 - 4.30
Training Day - School Closed	



Cookery Club EYFS/KS1



yum



Gardening Club KS2





Sunflower Competition

The children have all been busy planting their sunflower seeds this week. If you would like your child to enter their sunflower into the sunflower growing competition then please make payment via parent pay.

There will be a small prize for the tallest sunflower! All proceeds will go towards funding of the community defibrillator.

A parent has made a generous offer to match fund any money raised towards the defibrillator. That means for every £1 you donate £2 will go towards the final total. This is great news and we hope that we can reach the final total (approximately (£1500)) by the end of this academic year. We are very proud of the children's approach to fundraising for this cause and the community spirit it is encouraging.



Roadmap out of Lockdown

Step 1 Changes on 29 March

Social contact

The evidence shows that it is safer for people to meet outdoors rather than indoors. And this is why from 29 March, when most schools start to break up for the Easter holidays, outdoor gatherings (including in private gardens) of either 6 people (the Rule of 6) or 2 households will also be allowed, making it easier for friends and families to meet outside.

Business and activities

Outdoor sports facilities such as tennis and basketball courts, and open-air swimming pools, will also be allowed to reopen, and people will be able to take part in formally organised outdoor sports.

Travel

The 'stay at home' rule will end on 29 March but many restrictions will remain in place. People should continue to work from home where they can and minimise the number of journeys they make where possible, avoiding travel at the busiest times and routes. Travel abroad will continue to be prohibited, other than for a small number of permitted reasons. Holidays abroad will not be allowed, given it will remain important to manage the risk of imported variants and protect the vaccination programme. The government has launched a new taskforce to review global travel which will report on 12 April.

Step 2 - not before 12 April

Business and activities

Step 2, which will be no earlier than 12 April, will see the opening of non-essential retail; personal care premises such as hairdressers and nail salons; and public buildings, including libraries and community centres. Indoor leisure facilities such as gyms will also reopen (but only for use by people on their own or in household groups); as will most outdoor attractions and settings including outdoor hospitality venues, zoos, theme parks, and drive-in cinemas. Self-contained accommodation such as campsites and holiday lets, where indoor facilities are not shared with other households, can also reopen.

Hospitality venues will be allowed to serve people outdoors at Step 2 and there will be no need for customers to order a substantial meal with alcoholic drinks and no curfew, although customers must order, eat and drink while seated ('table service'). Wider social contact rules will apply in all these settings to prevent indoor mixing between different households.

Events

While funerals can continue with up to 30 mourners, the number of people able to attend weddings, receptions and commemorative events such as wakes will rise to 15.

Step 3 - not before 17 May

Social contact

As part of Step 3, no earlier than 17 May, the government will look to continue easing limits on seeing friends and family wherever possible, allowing people to decide on the appropriate level of risk for their circumstances.

This means that most legal restrictions on meeting others outdoors will be lifted - although gatherings of over 30 people will remain illegal. Indoors, the Rule of 6 or 2 households will apply - we will keep under review whether it is safe to increase this.

As soon as possible and by no later than Step 3, we will also update the advice on seeing friends and family, including hugging. But until this point, people should continue to keep their distance from anyone not in their household or support bubble.

Business and activities

Most businesses in all but the highest risk sectors will be able to reopen. In all sectors, COVID-Secure guidance will remain in place and businesses may not cater for groups bigger than the legal limits. Indoor hospitality will reopen - and as in Step 2, venues will not have to serve a substantial meal with alcoholic drinks; nor will there be a curfew. Customers will, however, have to order, eat and drink while seated.

Other indoor locations to open up in Step 3 include indoor entertainment venues such as cinemas and children's play areas; the rest of the accommodation sector, including hotels, hostels and B&Bs; and indoor adult group sports and exercise classes. The government will also allow some larger performances and sporting events in indoor venues with a capacity of 1,000 people or half-full (whichever is a lower number), and in outdoor venues with a capacity of 4,000 people or half-full (whichever is a lower number). In the largest outdoor seated venues, where crowds can be spread out, up to 10,000 people will be able to attend (or a quarter-full, whichever is lower).

Events

Up to 30 people will be able to attend weddings, receptions and wakes, as well as funerals. This limit will also apply to other types of significant life events including bar mitzvahs and christenings.

Review of social distancing

Finally, before Step 4 begins, the government will complete a review of social distancing and other long-term measures that have been put in place to cut transmission. This will inform decisions on the timing and circumstances under which the rules on 1 metre plus, the wearing of face coverings and other measures may be lifted. This will also inform guidance on working from home - which should continue wherever possible until this review is complete.

Step 4 - not before 21 June

Social contact

By Step 4 which will take place no earlier than 21 June, the government hopes to be in a position to remove all legal limits on social contact.

Business, activities and events

We hope to reopen remaining premises, including nightclubs, and ease the restrictions on large events and performances that apply in Step 3. This will be subject to the results of a scientific Events Research Programme to test the outcome of certain pilot events through the spring and summer, where we will trial the use of testing and other techniques to cut the risk of infection. The same Events Research Programme will guide decisions on whether all limits can be removed on weddings and other life events.

As we move through each of these phases in the roadmap, we must all remember that COVID-19 remains a part of our lives. We are going to have to keep living our lives differently to keep ourselves and others safe. We must carry on with 'hands, face, space'. Comply with the COVID-Secure measures that remain in place. Meet outdoors when we can and keep letting fresh air in. Get tested when needed. Get vaccinated when offered. If we all continue to play our part, we will be that bit closer to a future that is more familiar.



Class Awards

Class 1 – Robins

SEB
VIOLET

ALICE
AOIFE

ANNA
SETH



Class 2 – Swallows

EVELYN

ESME
OLIVER

THOMAS

Class 3 – Kingfishers

MOLLY

SKYLA

BIBI



Class 4 – Owls

BEN

ISABELLA

MILES

Class 5 – Eagles

MAISIE-LILLIE

NOAH

SAM



HELP RAISE

MONEY FOR A DEFIBRILLATOR



One penny
could help
someones
life!

The defibrillator
will be put up
outside Kildrinch
school if you
want to use it.

YOU MIGHT
NEED TO USE
IT!

AED

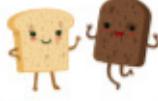
Don't JUST
STAND THERE,
PUT SOME MONEY
IN THE POT!



All money They cost
you put in. £800 -
this year will £2500.
go to a defib.
(Put some money
in, you know you
want to)

Defibrillators are devices
that restore a normal
heartbeat by sending
an electric pulse or
shock to the heart. It
can also restore the
heart's beating if the
heart suddenly stops.

Bread served with every meal



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If your child has an allergy or special dietary requirements, please inform the school and our catering team so we can discuss their needs.

Please note, we are unable to guarantee a completely food allergen free environment as foods containing allergens are used in our kitchens.

All main meals are served with vegetables or salad.

Our menus comply with Government School Food Standards.

	WEEK 1	WEEK 2	WEEK 3
	Served w/c 12th April, 3rd & 24th May, 21st June, 12th July	Served w/c 19th April, 10th May, 7th & 28th June, 19th July	Served w/c 26th April, 17th May, 14th June, 5th July
Monday	<ul style="list-style-type: none"> ✓ Cheese & Tomato Pizza with Diced Potatoes ✓ Vegetable Chilli, Rice & Pita Bread Peaches & Ice Cream Fresh Fruit or Fruit Yoghurt	Minced Beef Enchiladas <ul style="list-style-type: none"> ✓ Vegetable Cottage Pie Fresh Fruit or Fruit Yoghurt	Chicken Korma & Rice <ul style="list-style-type: none"> ✓ Potato, Spinach & Leek Bake Fresh Fruit or Fruit Yoghurt
Tuesday	Tuna & Sweetcorn Pasta Bake <ul style="list-style-type: none"> ✓ Vegetable Sausages & New Potatoes Fresh Fruit or Fruit Yoghurt	<ul style="list-style-type: none"> ✓ Sweet Lentil & Veg Curry & Rice ✓ Cauliflower Macaroni Cheese Chocolate Crunch with 1/4 Orange Fresh Fruit or Fruit Yoghurt	Sausages & Onion Gravy with Creamy Mash <ul style="list-style-type: none"> ✓ Vegetable Lasagne Crunchy Apple Crumble with Ice Cream Fresh Fruit or Fruit Yoghurt
Wednesday	Pork & Apple Plait with Gravy and 1/2 Jacket Potato <ul style="list-style-type: none"> ✓ Bean & Vegetable Cobbler with 1/2 Jacket Potato Cheese & Crackers with Apple Fresh Fruit or Fruit Yoghurt	Roast Chicken with Sage & Onion Stuffing & Gravy with Creamy Mashed Potatoes <ul style="list-style-type: none"> ✓ Country Vegetable Bake with Creamy Mashed Potatoes Fresh Fruit or Fruit Yoghurt	Minced Beef & Yorkshire Pudding with Roast Potatoes & Gravy <ul style="list-style-type: none"> ✓ Baked Mexican Wrap with Roast Potatoes Fresh Fruit or Fruit Yoghurt
Thursday	Beef Lasagne <ul style="list-style-type: none"> ✓ Quesadilla (Cheese, Onion & Potato Crispy Tortilla Wrap) Fruity Gingerbread & Custard Fresh Fruit or Fruit Yoghurt	Pork Meatballs in Tomato Sauce & Pasta <ul style="list-style-type: none"> ✓ Vegetable (No Sausage) Roll with Chipped Potatoes Raspberry Bun & Cheese Fresh Fruit or Fruit Yoghurt	Creamy Chicken & Broccoli Pasta <ul style="list-style-type: none"> ✓ Cheesy Vegetable Pie with 1/2 Jacket Potato Krispie Cereal Bar Fresh Fruit or Fruit Yoghurt
Friday	Harry Ramsdens Battered Fish and Chipped Potatoes <ul style="list-style-type: none"> ✓ Roast Veg Quiche with Chipped Potatoes Date & Oat Squares Fresh Fruit or Fruit Yoghurt	Crunchy Breaded Fish and Potato Wedges <ul style="list-style-type: none"> ✓ Cheese & Tomato Pasta Marble Berry Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Fish Fingers and Chipped Potatoes <ul style="list-style-type: none"> ✓ Veggie Burger in a Bun with Chipped Potatoes Banana Brownie Fresh Fruit or Fruit Yoghurt



This recognises that:

- Our Menus are designed to make the best use of Seasonal Ingredients
- Our Eggs are always Free Range Eggs
- We serve more of the good stuff - our meals are free from undesirable additives, colouring and sweeteners



Larger schools offer a range of deli style options all available with a range of delicious fillings:

- Jacket potatoes
- Sandwiches
- Salads

✓ - Vegetarian. All main meals are served with vegetables or salad.

Upcoming events

Check with your school to see what's on offer this term.



Earth Day

22nd April 2021
Celebrating Food with a Low Carbon Footprint to help protect Earth.

Bake Off Social Media Competition

June 2021

Who will be this year's Star Baker?
Needs to be a sweet treat containing fruits or vegetables. Local Small Business Baker Tor from Tor Bakes Cakes will be judging!

Social Media Competition

April 2021

Design your own School Main Meal
April Winners will get their meal published on the Primary Menus for Autumn/Winter 2021!

Sports Day

Go for gold with our winning dishes!

Fakeaway Day

20th May 2021

Try something new and exciting with us on Fakeaway Day!

Seaside Special

15th July 2021

15th July 2021 - No catch to delicious and good quality food! Reminding us of a classic English seaside day out!

Lemon Drizzle Scones

(Makes 12 Large)



For the Base	300g Self Raising Flour	300g Wholemeal Self Raising Flour	2 tsp Baking Powder	150g Marg	150g Sugar	300ml Semi-Skimmed Milk	60g Sultanas
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For the drizzle - 100g icing sugar, lemon juice from one of the lemons.

Method

- Pre-heat the oven to 180c/ Gas mark 4.
- Place the flour, baking powder and marg into a bowl & rub together until the mix resembles breadcrumbs.
- Mix in the sugar, sultanas and the lemon zest.
- Gradually add the milk, until it forms a smooth dough.
- Tip on to a floured surface and knead for 1-2 mins. Roll out to the required thickness (about 1 1/2 to 2cm).
- Then with a pastry cutter stamp out the circles and place on a greased baking tray. Bake for 15 mins or until golden, cool on a wire rack.
- Make the lemon drizzle icing by placing the lemon juice in a bowl with 2 tsp of the icing sugar - then dip the top of each scone into the mixture.
- Next mix in the remaining icing sugar, and drizzle over each scone.

A Royal Celebration!

11th June 2021

Royally celebrate tasty food and good company, set to be the most Royal affair of the year!

Yorkshire Rose Social Media Activity

July 2021

Send us your Yorkshire Roses, drawn or created it's up to you!

Fibre is an Important Nutrient

It's important to get fibre from a variety of sources, as eating too much of one type of food doesn't provide you with a healthy, balanced diet. Fibre also makes us feel fuller, can help digestion, and prevent constipation.



Plus there are lots of tasty foods that are high in fibre!

To find out more please visit **NHS Live Well, Eat Well** to find out more about a healthy and balanced diet.

MENU

Design your Own Lunch Main Meal 2021



Giving pupils the chance to have their main meal of choice on the Autumn Term Menu!

The competition closes on Friday 30th April 2021

[FIND OUT MORE HERE](#)